

2010 Snowbird Open results provide by [aspi meetz](#)

SELECT DIVISION

Division

TEAM RESULTS FOR 2010 SNOWBIRD OPEN - FEMALE

1	St. Ambrose	85.33	Point Breakdown
2	Washington Uni	82.00	Point Breakdown
3	Millikin University	70.00	Point Breakdown
4	Ashford University	64.83	Point Breakdown
	Laura Minertz	18.00	
	Sarah Wenzel	13.00	
	Nkemdilim Okwumabua	12.50	
	Natalie Solms	10.33	
	Heather Ketcham	10.00	
	Erika Jakobsen	1.00	

55M DASH - FINALS - HEAT 2

5	Anne Diaz-Arrastia	Washington Uni	7.75	4.00
7	Caitlin Hartsell	Washington Uni	7.83	2.00
8	Wava Denito	Missouri Valley Coll	7.84	1.00
9	Kelsey Henke	Lindenwood	7.86	
	Brianna Johnson	William Woods Univ.	DNS	

55M DASH - FINALS - HEAT 1

1	Ebonie Butler	St. Ambrose	7.36	10.00
2	Ashlee Dorsett	Lindenwood	7.63	8.00
3	Blair Wyman	Culver-Stockton	7.68	6.00
4	Jasman Edmond	Hannibal-LaGrange	7.69	5.00
6	Traneika Ross	Lindenwood	7.81	3.00

55M DASH - PRELIMS - HEAT 1

1	Ebonie Butler	St. Ambrose	7.44
2	Ashlee Dorsett	Lindenwood	7.70
3	Kelsey Henke	Lindenwood	7.90
4	Megan Smith	Illinois College	8.24
5	Phylica Grayson	Culver-Stockton	8.30

55M DASH - PRELIMS - HEAT 2

1	Wava Denito	Missouri Valley Coll	7.91
2	Markesha Davis	Millikin University	8.01
3	Angela Barry	Culver-Stockton	8.14
4	Kim Cash	Washington Uni	8.67
	Rynita Anderson	Missouri Valley Coll	DNS

55M DASH - PRELIMS - HEAT 3

1	Blair Wyman	Culver-Stockton	7.81
2	Brianna Johnson	William Woods Univ.	7.97
3	Amelia Jones	Illinois College	8.46
4	Jackie Henke	Lindenwood	8.57
5	Cortney Pinaire	Culver-Stockton	8.97

55M DASH - PRELIMS - HEAT 4

1	Jasman Edmond	Hannibal-LaGrange	7.68
2	Traneika Ross	Lindenwood	7.86
3	Alicia Moeller	St. Ambrose	7.99
4	Lauren McEwen	Webster University	8.84

55M DASH - PRELIMS - HEAT 5

1	Anne Diaz-Arrastia	Washington Uni	7.87
2	Sydney Holloway	Missouri Valley Coll	8.04
3	rayneshia lovelace	Unattached	8.23
4	Lauren Mardis	Washington Uni	8.75

55M DASH - PRELIMS - HEAT 6

1	Caitlin Hartsell	Washington Uni	7.88
2	Trina Williams	Missouri Valley Coll	8.72
3	Elizabeth Clute	Hannibal-LaGrange	8.89
	Marquita Ward	Millikin University	DNS

200M DASH - FINALS - HEAT 6

7	Megumi Konbo	Missouri Valley Coll	28.39	2.00
20	Stephanie Borinsky	Washington Uni	31.26	
22	Cortney Pinaire	Culver-Stockton	32.23	
	Debbie Stiles	Unattached	37.51	
	Brandie Starks	Culver-Stockton	DNS	

200M DASH - FINALS - HEAT 5

11	Angela Barry	Culver-Stockton	28.92
13	Caitlyn Jones	Iowa Wesleyan Colleg	29.39
16	Phyllica Grayson	Culver-Stockton	30.39
23	Elizabeth Clute	Hannibal-LaGrange	32.68
24	Lauren McEwen	Webster University	32.81
	Danielle Sanders	Webster University	DNS

200M DASH - FINALS - HEAT 4

9	Sydney Holloway	Missouri Valley Coll	28.55
18	Casey Pilliard	Hannibal-LaGrange	30.69
19	Amelia Jones	Illinois College	31.07
21	Megan Smith	Illinois College	31.56
	rayneshia lovelace	Unattached	29.99
	Brianna Johnson	William Woods Univ.	DNS

200M DASH - FINALS - HEAT 3

8	Allison Lee	Washington Uni	28.43	1.00
10	Alicia Moeller	St. Ambrose	28.59	
14	Elisabeth Stocking	Washington Uni	30.04	
15	Always Young	Missouri Valley Coll	30.17	
	Molly Wawrzyniak	Washington Uni	DNS	
	Lola Oladini	Washington Uni	DNS	

200M DASH - FINALS - HEAT 2

3	Jasman Edmond	Hannibal-LaGrange	27.47	6.00
5	Caitlin Hartsell	Washington Uni	27.81	4.00
17	Jackie Henke	Lindenwood	30.63	
	Jerika Rangel	St. Ambrose	DNS	
	Ariel Robinson	Millikin University	DNS	
	Blair Wyman	Culver-Stockton	DNS	

200M DASH - FINALS - HEAT 1

1	Laura Minertz	Ashford University	26.95	10.00
2	Tiffany Jackson	Missouri Baptist	27.05	8.00
4	Ebonie Butler	St. Ambrose	27.61	5.00
6	Markesha Davis	Millikin University	28.26	3.00
12	Traneika Ross	Lindenwood	29.38	
	Ashlee Dorsett	Lindenwood	DNS	

400M DASH - FINALS - HEAT 5

10	Arianna Dotson	Missouri Baptist	1:08.00
14	Porsha Grady	Missouri Baptist	1:09.98
17	Stephanie Borinsky	Washington Uni	1:10.16
	Brandie Starks	Culver-Stockton	DNS
	Jan Bennett	Lindenwood	DNS

400M DASH - FINALS - HEAT 4

7	Lauren Flahive	St. Ambrose	1:04.59	2.00
12	Ellie Klobberdanz	St. Ambrose	1:08.61	
13	Casey Pilliard	Hannibal-LaGrange	1:08.86	
15	Emilie Minter	St. Ambrose	1:10.06	
16	Marissa Gibbs	Webster University	1:10.14	

400M DASH - FINALS - HEAT 3

9	Erica Rieman	Missouri Baptist	1:06.66
11	Always Young	Missouri Valley Coll	1:08.35
18	Jenny Morris	St. Ambrose	1:10.54
20	Camille Mason	St. Ambrose	1:15.63
	Leslie Davis	Washington Uni	SCR
	rayneshia lovelace	Unattached	1:09.16

400M DASH - FINALS - HEAT 2

1	Bridgette Starwalt	Millikin University	1:01.18	10.00
2	Laura Minertz	Ashford University	1:01.58	8.00
4	Kelsey Henke	Lindenwood	1:03.01	5.00
5	Elisabeth Stocking	Washington Uni	1:03.60	4.00
6	Mollly Wawrzyniak	Washington Uni	1:04.34	3.00

400M DASH - FINALS - HEAT 1

3	Serena Austin	Missouri Valley Coll	1:02.91	6.00
8	Stephanie Candrl	William Woods Univ.	1:05.40	1.00
19	Shelby Thompson	Missouri Valley Coll	1:11.37	
	Michelle Konopka	Unattached	DNS	

55M HURDLES - FINALS - HEAT 2

6	Anne Diaz-Arrastia	Washington Uni	9.90	3.00
7	Brea Christiansen	St. Ambrose	10.34	2.00
8	Nkemdilim Okwumabua	Ashford University	10.67	1.00
9	Serina Reyna	Iowa Wesleyan Colleg	10.79	
10	Melanie Brambila	Iowa Wesleyan Colleg	11.30	

55M HURDLES - FINALS - HEAT 1

1	Tiffany Jackson	Missouri Baptist	8.65	10.00
2	Rachel Luehrs	St. Ambrose	8.91	8.00
3	Rachel Krier	St. Ambrose	9.01	6.00
4	Emily Babiss	Washington Uni	9.65	5.00
5	Mariah Montgomery	Iowa Wesleyan Colleg	9.83	4.00

55M HURDLES - PRELIMS - HEAT 1

1	Tiffany Jackson	Missouri Baptist	8.76	
2	Nkemdilim Okwumabua	Ashford University	10.39	
3	Brea Christiansen Rynita Anderson	St. Ambrose Missouri Valley Coll	10.42 DNS	

55M HURDLES - PRELIMS - HEAT 2

1	Rachel Krier	St. Ambrose	9.14	
2	Mariah Montgomery	Iowa Wesleyan Colleg	9.94	
3	Serina Reyna Melissa Yount	Iowa Wesleyan Colleg Lindenwood	10.42 DNS	

55M HURDLES - PRELIMS - HEAT 3

1	Rachel Luehrs	St. Ambrose	9.02
2	Anne Diaz-Arrastia	Washington Uni	10.07
3	Melanie Brambila	Iowa Wesleyan Colleg	10.90
	China Moore	Lindenwood	DNS

55M HURDLES - PRELIMS - HEAT 4

1	Emily Babiss	Washington Uni	9.83
2	Stephanie O'Connor	St. Ambrose	11.52
	Jerika Rangel	St. Ambrose	SCR
	Wava Denito	Missouri Valley Coll	SCR

800M RUN - FINALS - HEAT 4

4	Rachel Luehrs	St. Ambrose	2:33.02	5.00
7	Molly Reissmann	Washington Uni	2:37.28	2.00
18	Jessica Barr	St. Ambrose	2:50.48	
23	Janell Nevius	Culver-Stockton	2:56.23	
27	Catherine Berger	St. Ambrose	3:10.06	
31	Kathleen McKenzie	Culver-Stockton	3:17.59	

800M RUN - FINALS - HEAT 3

15	Kristen Syring	St. Ambrose	2:44.78
16	Chelsee Lisk	St. Ambrose	2:46.77
17	Amber Armstrong	Illinois College	2:48.42
24	Emma Hudspath	Illinois College	2:56.64
25	Lauren Scott	Missouri Baptist	2:58.56
26	Brea Christiansen	St. Ambrose	3:00.71
28	Lauren Reece	Illinois College	3:11.77
29	Olivia Canales	Ashford University	3:12.79
	Michelle Konopka	Unattached	DNS

800M RUN - FINALS - HEAT 2

8	Whitney Welch	Missouri Baptist	2:37.69	1.00
9	Kristina Short	Missouri Valley Coll	2:39.51	
10	Robyn Barton	Culver-Stockton	2:40.49	
11	Jessica Parkman	Webster University	2:40.78	
12	erica garcia	fontbonne university	2:42.43	
13	Megan Maroon	St. Ambrose	2:43.75	
14	Ashley Murray	Ashford University	2:44.75	
19	Katie Cline	Missouri Baptist	2:50.55	
20	Arianna Lawson	Millikin University	2:51.41	
30	Marissa Gibbs	Webster University	3:13.16	
	Kati Krzystofiak	Iowa Wesleyan Colleg	DNS	

800M RUN - FINALS - HEAT 1

1	Sangeeta Hardy	Washington Uni	2:25.17	10.00
2	Nkemdilim Okwumabua	Ashford University	2:26.18	8.00
3	Amy Gangloff	William Woods Univ.	2:31.49	6.00
5	Abby Parsons	St. Ambrose	2:33.68	4.00
6	Alexandria Weathersby	Missouri Baptist	2:36.72	3.00
21	kelia hamilton	fontbonne university	2:52.08	
22	Marissa Duffey	Millikin University	2:55.07	
	Rachel Hemphill	Lindenwood	DNS	
	Erica Jackey	Washington Uni	DNS	
	Teresa Popp	St. Ambrose	DNS	
	Jan Bennett	Lindenwood	DNS	

3000M RUN - FINALS

1	Kristi Palmer	William Woods Univ.	10:40.66	10.00
2	Cheryl Held	William Woods Univ.	10:41.43	8.00
3	Taylor Whitacre	Missouri Valley Coll	11:07.79	6.00
4	rachel hanson	fontbonne university	11:49.33	5.00
5	kaitlin titsworth	fontbonne university	11:54.75	4.00
6	Heather Dixon	Hannibal-LaGrange	11:57.81	3.00
7	Yasmina Elkasmi	Lindenwood	12:00.65	2.00
8	Erika Jakobsen	Ashford University	12:03.80	1.00
9	Ashley Thomasma	Millikin University	12:05.90	
10	Mackenzie Olson	Principia College	12:25.22	
11	Katie Simones	St. Ambrose	12:47.06	
12	Christine Eden	St. Ambrose	12:53.31	
13	Amanda Armstrong	Illinois College	13:06.40	
14	katie scott	fontbonne university	13:08.49	
15	anita kren	fontbonne university	13:30.13	
	Sarah Erickson	Hannibal-LaGrange	DNS	
	Tanyaradzwa Chibanda	Lindenwood	DNS	
	Francine Nzilampa	Lindenwood	DNS	
	Caitlyn Sandquist	Lindenwood	DNS	
	Augusta Dunse	Washington Uni	DNS	
	Sarah Britton	Washington Uni	DNS	
	Lexi Ronconi	St. Ambrose	DNS	

1 MILE RUN - FINALS - HEAT 2

6	Molly Reissmann	Washington Uni	5:55.78	3.00
8	Jessica Parkman	Webster University	6:03.46	1.00
10	Katie Cline	Missouri Baptist	6:10.67	
11	erica garcia	fontbonne university	6:23.91	
12	kelia hamilton	fontbonne university	6:25.97	
14	Megan Wilson	Illinois College	6:36.05	
15	Lauren Scott	Missouri Baptist	6:38.46	
16	Arianna Lawson	Millikin University	6:39.54	
17	Amy Anderson	Illinois College	6:57.36	
18	Emily Donnan	Illinois College	7:32.86	

1 MILE RUN - FINALS - HEAT 1

1	Meagan Hudson	Missouri Baptist	5:11.12	10.00
2	Lacey Vogel	Washington Uni	5:27.59	8.00
3	Catie Reynolds	Washington Uni	5:27.68	6.00
4	Amy Gangloff	William Woods Univ.	5:38.20	5.00
5	Brittany Cronin	Washington Uni	5:49.47	4.00
7	Heather Dixon	Hannibal-LaGrange	6:00.19	2.00
9	Kristen Syring	St. Ambrose	6:05.81	
13	Marissa Duffey	Millikin University	6:26.42	
	Sarah Erickson	Hannibal-LaGrange	DNS	
	Erica Jackey	Washington Uni	DNS	

3000M RACE WALK - FINALS

1	Jessica Ching	Lindenwood	15:17.09	10.00
2	Jamie Kootz	Unattached	16:49.27	8.00
3	Alexis Gutterman	Lindenwood	17:40.27	6.00
4	Courtney Spann	Culver-Stockton	17:40.85	5.00
5	Carissa Eichmeyer	Hannibal-LaGrange	19:01.17	4.00

HIGH JUMP - FINALS

1	Heather Ketcham	Ashford University	1.56m	10.00
2	Janet Plonka	Culver-Stockton	1.55m	8.00
3	Brittini Bastean	Hannibal-LaGrange	1.55m	6.00
4	Rhianon Kendrick	Missouri Valley Coll	1.50m	5.00
5	Amanda Pavlicek	Illinois College	1.40m	3.50
5	Nkemdilim Okwumabua	Ashford University	1.40m	3.50
7	Amanda Matheson	Washington Uni	1.40m	2.00
8	Natalie Solms	Ashford University	1.40m	0.33
8	Holland McCoy	Hannibal-LaGrange	1.40m	0.33
8	Rachel Luehrs	St. Ambrose	1.40m	0.33
11	Jessica Curry	Hannibal-LaGrange	1.40m	
11	Emily Morrissey	St. Ambrose	1.40m	
13	Lauren Mardis	Washington Uni	1.35m	
13	Caitlin McCoy	Hannibal-LaGrange	1.35m	
13	Teresa Popp	St. Ambrose	1.35m	
13	Morgan Ruff	William Woods Univ.	1.35m	
13	Whitney Hardy	William Woods Univ.	1.35m	
18	Brea Christiansen	St. Ambrose	1.30m	
	BJ Wagy	Iowa Wesleyan Colleg	NH	
	Cathryn Ferris	Illinois College	SCR	
	Brooke Strobe	Missouri Baptist	NH	
	Chhutani Berry	Ashford University	SCR	

LONG JUMP - FINALS

1	Kirsten Daykin	Millikin University	5.11m	10.00
2	Sarah Wenzel	Ashford University	5.07m	8.00
3	Anne Diaz-Arrastia	Washington Uni	4.91m	6.00
4	Bridgette Starwalt	Millikin University	4.88m	5.00
5	Rachel Luehrs	St. Ambrose	4.71m	4.00
6	Carli Schieferdecker	St. Ambrose	4.56m	3.00
7	Trina Williams	Missouri Valley Coll	4.50m	2.00
8	Jocelyn Bright	Hannibal-LaGrange	4.49m	1.00
9	Amanda Matheson	Washington Uni	4.40m	
10	Jessica Curry	Hannibal-LaGrange	4.35m	
11	Amanda Miller	Hannibal-LaGrange	4.34m	
12	Brea Christiansen	St. Ambrose	4.27m	
13	Kim Cash	Washington Uni	4.18m	
14	Megumi Konbo	Missouri Valley Coll	3.92m	
	Danielle Sanders	Webster University	SCR	
	China Moore	Lindenwood	SCR	

POLE VAULT - FINALS

1	Cara Grinde	Hannibal-LaGrange	3.43m	10.00
2	Sarah Talimonchuk	Lindenwood	3.05m	8.00
3	Katie Hered	Washington Uni	2.90m	6.00
4	Amanda Leung	Lindenwood	2.90m	5.00
5	Anne Ledford	St. Ambrose	2.75m	4.00
6	Amanda Miller	Hannibal-LaGrange	2.75m	3.00
7	Dawn Joutras	Millikin University	2.75m	2.00
8	Caitlin McCoy	Hannibal-LaGrange	2.59m	1.00
9	Allison Lee	Washington Uni	2.44m	
10	Holland McCoy	Hannibal-LaGrange	2.29m	
11	Hope Rathnam	Washington Uni	1.83m	
	Lauren Gunawan	St. Ambrose	NH	

SHOT PUT - FINALS - HEAT 3

14	Hana Damore	Washington Uni	10.12m
17	Megan Stringer	Illinois College	9.65m
19	Kristal Jackson	Lindenwood	9.21m
20	Serina Reyna	Iowa Wesleyan Colleg	8.77m
21	Brea Christiansen	St. Ambrose	8.75m
23	Abbey Humphrey	Missouri Valley Coll	8.36m
24	Jenna Brown	William Woods Univ.	8.32m
25	Amanda Pearson	Iowa Wesleyan Colleg	8.08m
26	Chelsea Ziebert	William Woods Univ.	7.39m
27	Rachel Luehrs	St. Ambrose	7.33m
28	Katie Streeby	Iowa Wesleyan Colleg	6.09m

SHOT PUT - FINALS - HEAT 2

7	Sheena Carter	Missouri Valley Coll	10.91m	2.00
9	Ashley Rojemann	St. Ambrose	10.69m	
10	Moji Hassan	Washington Uni	10.45m	
12	Taylor Christiansen	St. Ambrose	10.15m	
13	Josie Van Engelenhoven	William Woods Univ.	10.14m	
15	Amanda Spencer	Washington Uni	9.83m	
16	Abbie Herrold	Hannibal-LaGrange	9.75m	
18	Leaundra Townson	Missouri Baptist	9.44m	
22	Jennifer Yeoward	Illinois College	8.50m	
	Myrle Mensey	Unattached	9.65m	
	Brooke Funk	Ashford University	SCR	

SHOT PUT - FINALS - HEAT 1

1	Mandy Streu	St. Ambrose	13.86m	10.00
2	Emilie Altenberger	Millikin University	11.82m	8.00
3	Leann Spesards	Millikin University	11.68m	6.00
4	Martha Burd	St. Ambrose	11.62m	5.00
5	Jessica Weston	Culver-Stockton	11.57m	4.00
6	Alissa Martin	St. Ambrose	11.52m	3.00
8	Brittany Sherron	Millikin University	10.71m	1.00
11	Ashley Voeltz	Ashford University	10.38m	
	Lisa Hughes	Unattached	SCR	
	Angela Krausz	Unattached	SCR	
	Sara Stafford	Missouri Valley Coll	SCR	

TRIPLE JUMP - FINALS

1	Natalie Solms	Ashford University	10.69m	10.00
2	Kirsten Daykin	Millikin University	10.44m	8.00
3	Emily Babiss	Washington Uni	10.00m	6.00
4	Sarah Wenzel	Ashford University	9.41m	5.00
5	Carli Schieferdecker	St. Ambrose	9.38m	4.00
6	Emilie Minter	St. Ambrose	9.26m	3.00
7	Kim Cash	Washington Uni	9.10m	2.00
8	Jocelyn Bright	Hannibal-LaGrange	9.06m	1.00
9	Kelsey Borchelt	Millikin University	8.94m	
10	Melanie Brambila	Iowa Wesleyan Colleg	8.13m	
	Trina Williams	Missouri Valley Coll	SCR	

WEIGHT THROW - FINALS - HEAT 3

12	Amanda Spencer	Washington Uni	11.62m
17	Jennifer Yeoward	Illinois College	10.39m
18	Abbie Herrold	Hannibal-LaGrange	10.26m
19	Abbey Humphrey	Missouri Valley Coll	9.81m
20	Jessica Curry	Hannibal-LaGrange	9.35m
21	Josie Van Engelenhoven	William Woods Univ.	8.88m
	Jenna Brown	William Woods Univ.	SCR
	Leandra Townson	Missouri Baptist	SCR
	Taylor Christiansen	St. Ambrose	SCR

WEIGHT THROW - FINALS - HEAT 2

3	Emilie Altenberger	Millikin University	14.48m	6.00
6	Alissa Martin	St. Ambrose	12.86m	3.00
7	Kristal Jackson	Lindenwood	12.37m	2.00
8	Moji Hassan	Washington Uni	12.34m	1.00
13	Martha Burd	St. Ambrose	11.15m	
14	Leann Spesards	Millikin University	10.98m	
15	Ashley Voeltz	Ashford University	10.79m	
16	Jessica Ecker	Lindenwood	10.65m	
	Sara Stafford	Missouri Valley Coll	SCR	
	Brooke Funk	Ashford University	SCR	

WEIGHT THROW - FINALS - HEAT 1

1	Sheena Carter	Missouri Valley Coll	15.42m	10.00
2	Myrle Mensey	Unattached	15.31m	8.00
4	Brittany Sherron	Millikin University	14.38m	5.00
5	Mandy Streu	St. Ambrose	13.10m	4.00
9	Ashley Rojemann	St. Ambrose	12.02m	
10	Hana Damore	Washington Uni	12.01m	
11	Jessica Weston	Culver-Stockton	11.87m	
	Angela Krausz	Unattached	SCR	
	Lisa Hughes	Unattached	SCR	
	Irina Reinhardt	Lindenwood	SCR	

4X200M RELAY - FINALS

1	Washington Uni	1:53.81	10.00	<u>Runners</u>
2	Missouri Baptist	1:56.99	8.00	<u>Runners</u>
3	Iowa Wesleyan Colleg	1:58.87	6.00	<u>Runners</u>
4	St. Ambrose	1:58.94	5.00	<u>Runners</u>

4X400M RELAY - FINALS - HEAT 2

5	Missouri Baptist	4:30.25	4.00	<u>Runners</u>
6	St. Ambrose	4:39.44	3.00	<u>Runners</u>
7	St. Ambrose	4:54.82		<u>Runners</u>
8	Illinois College	5:04.40	2.00	<u>Runners</u>
9	Illinois College	5:10.66		<u>Runners</u>
	Washington Uni	DNS		<u>Runners</u>

4X400M RELAY - FINALS - HEAT 1

1	Washington Uni	4:17.92	10.00	<u>Runners</u>
2	William Woods Univ.	4:24.56	8.00	<u>Runners</u>
3	Millikin University	4:24.59	6.00	<u>Runners</u>
4	Missouri Valley Coll	4:26.19	5.00	<u>Runners</u>
	Lindenwood	DNS		<u>Runners</u>
	Ashford University	DNS		<u>Runners</u>

4000-DISTANCE MEDLEY RELAY - FINALS

1	Missouri Baptist	12:49.99	10.00	<u>Runners</u>
2	Washington Uni	13:12.78	8.00	<u>Runners</u>
3	St. Ambrose	14:24.95	6.00	<u>Runners</u>
4	Illinois College	15:21.49	5.00	<u>Runners</u>
	Washington Uni	SCR		<u>Runners</u>
	Lindenwood	SCR		<u>Runners</u>
	fontbonne university	SCR		<u>Runners</u>

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