

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Women 100 Meter Dash**

Name	School	Prelims	H#
Preliminaries			
1 Butler, Ebonie	St. Ambrose	12.32 Q	1
2 Higgins, Jenna	Mount Mercy	12.35 Q	3
3 Minertz, Laura	Ashford	12.63 Q	2
4 Carlson, Tabatha	Grand View Univ.	12.36 q	3
5 Vann, Myelle	Ashford	12.52 q	3
6 Rosien, Janae	Mount Mercy	12.68 q	1
7 Freeman, LaStacy	Iowa Wesleyan	12.72 q	3
8 Luehrs, Rachel	St. Ambrose	12.80 q	3
9 Lehmkuhl, Megan	Clarke University	12.85	1
10 Medland, Sarah	St. Ambrose	12.91	2
11 Kooi, Cortni	Mount Mercy	12.93	2
12 Beck, Michaela	William Penn	12.96	1
13 Reisberg, Jasmine	Clarke University	13.08	3
14 Ertmer, Tori	St. Ambrose	13.19	2
15 Dalen, Kaila	Clarke University	13.29	1
16 Skaggs, Meg	St. Ambrose	13.43	2
17 Sebastian, Katie	Clarke University	13.48	2
18 Jones, Anna	Iowa Wesleyan	13.61	3
19 Allen, Kaveria	Clarke University	13.70	3
20 Hotz, Nicole	Mount Mercy	13.95	1
21 Escareno, Julie	Iowa Wesleyan	14.02	1
21 Reeves, Ashley	Iowa Wesleyan	14.02	2
23 Reichart, Laura	Grand View Univ.	14.92	2

Women 100 Meter Dash

Name	School	Finals	Points
Finals			
1 Butler, Ebonie	St. Ambrose	12.25	10
2 Higgins, Jenna	Mount Mercy	12.42	8
3 Freeman, LaStacy	Iowa Wesleyan	12.59	6
4 Carlson, Tabatha	Grand View Univ.	12.65	5
5 Minertz, Laura	Ashford	12.66	4
6 Vann, Myelle	Ashford	12.68	3
7 Rosien, Janae	Mount Mercy	12.77	2
8 Luehrs, Rachel	St. Ambrose	13.23	1

Women 200 Meter Dash

Name	School	Prelims	H#
Preliminaries			
1 Higgins, Jenna	Mount Mercy	26.33 Q	3
2 Whittington, Channelle	Ashford	26.45 Q	2
3 Kane, Jacqueline	Mount Mercy	26.52 Q	4
4 Vann, Myelle	Ashford	26.58 Q	1
5 Carlson, Tabatha	Grand View Univ.	26.55 q	4
6 Minertz, Laura	Ashford	26.68 q	2
7 Freeman, LaStacy	Iowa Wesleyan	26.70 q	4
8 Butler, Ebonie	St. Ambrose	26.78 q	3
9 Wilden, Larissa	Mount Mercy	27.32	3

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Preliminaries ... (Women 200 Meter Dash)**

Name	School	Prelims	H#
10 Lehmkuhl, Megan	Clarke University	27.32	1
11 Sanborn, Kayla	St. Ambrose	27.40	4
12 Reisberg, Jasmine	Clarke University	27.55	3
13 Rosien, Janae	Mount Mercy	27.59	2
14 Beck, Michaela	William Penn	27.60	3
15 Day, Hannah	Clarke University	27.67	4
16 Ertmer, Tori	St. Ambrose	28.02	1
17 Dalen, Kaila	Clarke University	28.13	1
18 Flahive, Lauren	St. Ambrose	28.22	2
19 DesJardins, Danielle	Iowa Wesleyan	28.24	3
20 Schertz, Jordyn	Grand View Univ.	28.26	4
21 Jones, Anna	Iowa Wesleyan	28.33	4
22 Kooi, Cortni	Mount Mercy	28.37	3
23 Sebastian, Katie	Clarke University	28.73	1
24 Schertz, Whitley	Grand View Univ.	29.16	3
25 Reeves, Ashley	Iowa Wesleyan	29.85	1
26 Escareno, Julie	Iowa Wesleyan	29.86	2
27 Allen, Kaveria	Clarke University	30.13	4
28 Orvella, Beca	Mount Mercy	30.81	1
29 Reichart, Laura	Grand View Univ.	32.46	2

Women 200 Meter Dash

Name	School	Finals	Points
Finals			
1 Vann, Myelle	Ashford	25.74	10
2 Higgins, Jenna	Mount Mercy	25.78	8
3 Carlson, Tabatha	Grand View Univ.	25.82	6
4 Kane, Jacqueline	Mount Mercy	25.89	5
5 Whittington, Channelle	Ashford	26.02	4
6 Butler, Ebonie	St. Ambrose	26.28	3
7 Freeman, LaStacy	Iowa Wesleyan	26.29	2
8 Minertz, Laura	Ashford	26.40	1

Women 400 Meter Dash

Name	School	Finals	H#	Points
Finals				
1 Kane, Jacqueline	Mount Mercy	58.28	3	10
2 Vann, Myelle	Ashford	1:00.19	3	8
3 Carlson, Tabatha	Grand View Univ.	1:00.46	3	6
4 Whittington, Channelle	Ashford	1:00.68	3	5
5 Luehrs, Rachel	St. Ambrose	1:00.79	2	4
6 Higgins, Jenna	Mount Mercy	1:02.18	1	3
7 Day, Hannah	Clarke University	1:02.29	3	2
8 Flahive, Lauren	St. Ambrose	1:02.93	2	1
9 DesJardins, Danielle	Iowa Wesleyan	1:03.58	1	
9 Lehmkuhl, Megan	Clarke University	1:03.58	2	
11 Schertz, Jordyn	Grand View Univ.	1:04.02	2	
12 Sebastian, Katie	Clarke University	1:04.05	2	
13 Sanborn, Kayla	St. Ambrose	1:04.44	3	
14 Zielke, Elyssa	Clarke University	1:04.77	2	

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Finals ... (Women 400 Meter Dash)**

	Name	School	Finals	H#	Points
15	Klein, Kari	Clarke University	1:06.23	1	
16	Kooi, Cortni	Mount Mercy	1:07.25	1	
17	Keller, Kara	Grand View Univ.	1:08.19	3	

Women 800 Meter Run

	Name	School	Finals	H#	Points
Finals					
1	Birru, Obsie	Grand View Univ.	2:19.30	2	10
2	Kane, Jacqueline	Mount Mercy	2:19.92	2	8
3	Ripperger, Beth	Mount Mercy	2:22.41	2	6
4	Moyna, Katrina	Clarke University	2:24.90	2	5
5	Parsons, Abby	St. Ambrose	2:26.07	2	4
6	McFayden, Allison	Grand View Univ.	2:28.91	2	3
7	Daisy, Shelby	Mount Mercy	2:31.64	1	2
8	Craig, Betsy	Grand View Univ.	2:31.92	2	1
9	Keller, Kara	Grand View Univ.	2:33.43	2	
10	Hoebelheinrich, Emily	St. Ambrose	2:35.90	1	
11	Holladay, Mackenzie	Mount Mercy	2:38.36	1	
12	Jones, Caitlyn	Iowa Wesleyan	2:43.02	1	
13	Burt, Katie	Grand View Univ.	2:49.11	1	

Women 1500 Meter Run

	Name	School	Finals	Points
Finals				
1	Birru, Obsie	Grand View Univ.	4:51.51	10
2	Ripperger, Beth	Mount Mercy	5:01.32	8
3	Keller, Kara	Grand View Univ.	5:03.43	6
4	Parsons, Abby	St. Ambrose	5:03.48	5
5	Craig, Betsy	Grand View Univ.	5:12.07	4
6	Daisy, Shelby	Mount Mercy	5:14.11	3
7	McFayden, Allison	Grand View Univ.	5:19.16	2
8	Syring, Kristen	St. Ambrose	5:26.29	1
9	Beckett, Katie	St. Ambrose	5:29.88	
10	Holladay, Mackenzie	Mount Mercy	5:34.09	
11	Rogge, Nichole	William Penn	5:48.29	
12	Burt, Katie	Grand View Univ.	5:57.15	
13	Derynck, Breanna	Iowa Wesleyan	6:20.36	

Women 5000 Meter Run

	Name	School	Finals	Points
Finals				
1	Birru, Obsie	Grand View Univ.	18:39.07	10
2	Bruno, Anne	Mount Mercy	20:10.78	8
3	Gordon, Grace	Clarke University	20:14.77	6
4	Klein, Courtney	Clarke University	20:14.80	5
5	Nibaur, Stephanie	Mount Mercy	20:16.72	4
6	Ashcraft, Brooke	St. Ambrose	20:30.18	3
7	Parsons, Abby	St. Ambrose	20:33.72	2
8	Fisher, Sadie	Grand View Univ.	20:39.27	1
9	Keller, Kara	Grand View Univ.	20:41.23	

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Finals ... (Women 5000 Meter Run)**

Name	School	Finals	Points
10 Behan, Erin	Mount Mercy	20:49.17	
11 Syring, Kristen	St. Ambrose	20:59.92	
12 Keifer, Konnie	St. Ambrose	21:25.43	
13 Simones, Katie	St. Ambrose	21:29.21	
14 Dean, Alicia	Grand View Univ.	21:32.98	
15 Carbajo, Kelsey	Grand View Univ.	21:37.14	
16 Craig, Betsy	Grand View Univ.	21:40.85	
17 Lisk, Chelsee	St. Ambrose	21:54.25	
18 Avery, Morgan	William Penn	23:57.56	
19 Schultz, Leah	Mount Mercy	25:17.48	
--- Yotter, Britney	Mount Mercy	DNF	

Women 10000 Meter Run

Name	School	Finals	Points
Finals			
1 Birru, Obsie	Grand View Univ.	38:40.82	10
2 Bruno, Anne	Mount Mercy	41:39.72	8
3 Keifer, Konnie	St. Ambrose	41:46.90	6
4 Fisher, Sadie	Grand View Univ.	42:02.76	5
5 Ashcraft, Brooke	St. Ambrose	42:25.44	4
6 Nibaur, Stephanie	Mount Mercy	42:28.75	3
7 Behan, Erin	Mount Mercy	43:01.22	2
8 Lisk, Chelsee	St. Ambrose	44:06.42	1
9 Yotter, Britney	Mount Mercy	44:16.40	
10 Carbajo, Kelsey	Grand View Univ.	45:08.82	
11 Dean, Alicia	Grand View Univ.	46:42.78	
12 Pieper, Carrie	Clarke University	51:37.81	

Women 100 Meter Hurdles

Name	School	Prelims	H#
Preliminaries			
1 Luehrs, Rachel	St. Ambrose	14.99 Q	1
2 Murphy, Laurel	Grand View Univ.	15.92 Q	2
3 Pestotnik, Maggie	Grand View Univ.	16.21 q	1
4 Wilden, Larissa	Mount Mercy	16.24 q	1
5 Sanborn, Kayla	St. Ambrose	16.44 q	1
6 Klein, Kari	Clarke University	16.88 q	2
7 Torres, Sarah	St. Ambrose	16.99 q	1
8 Palmer, Lauren	Clarke University	17.18 q	2
9 Zielke, Elyssa	Clarke University	17.22	1
10 Nessian, Jessica	Clarke University	17.26	2
11 McCreight, Melanie	Iowa Wesleyan	17.32	2
12 Orvella, Beca	Mount Mercy	17.68	2

Women 100 Meter Hurdles

Name	School	Finals	Points
Finals			
1 Murphy, Laurel	Grand View Univ.	15.41	10
2 Wilden, Larissa	Mount Mercy	16.17	8
3 Pestotnik, Maggie	Grand View Univ.	16.30	6

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	Name	School	Finals	Points
4	Sanborn, Kayla	St. Ambrose	16.40	5
5	Klein, Kari	Clarke University	16.68	4
6	Palmer, Lauren	Clarke University	16.80	3
7	Torres, Sarah	St. Ambrose	16.81	2
---	Luehrs, Rachel	St. Ambrose	DQ	

Women 400 Meter Hurdles

	Name	School	Finals	H#	Points
Finals					
1	Kane, Jacqueline	Mount Mercy	1:03.71	2	10
2	McCreight, Melanie	Iowa Wesleyan	1:06.89	2	8
3	Luehrs, Rachel	St. Ambrose	1:07.97	2	6
4	Pestotnik, Maggie	Grand View Univ.	1:08.50	2	5
5	Parsons, Abby	St. Ambrose	1:09.38	1	4
6	Keller, Kara	Grand View Univ.	1:09.57	1	3
7	Klein, Kari	Clarke University	1:09.95	2	2
8	McFayden, Allison	Grand View Univ.	1:10.14	1	1
9	Wilden, Larissa	Mount Mercy	1:10.49	1	
10	Rushton, Jen	St. Ambrose	1:11.05	2	
11	Fabry, Kim	Ashford	1:12.89	1	
12	Skaggs, Meg	St. Ambrose	1:13.29	2	
13	Zielke, Elyssa	Clarke University	1:16.03	2	

Women 3000 Meter Steeplechase

	Name	School	Finals	Points
Finals				
1	Birru, Obsie	Grand View Univ.	11:30.14	10
2	Danielsen, Kara	Mount Mercy	12:21.89	8
3	Fisher, Sadie	Grand View Univ.	12:24.61	6
4	Simones, Katie	St. Ambrose	12:55.88	5
5	Freund, Carley	Clarke University	13:16.91	4
6	Eden, Christine	St. Ambrose	13:27.93	3
7	Rushton, Jen	St. Ambrose	13:32.84	2
8	Maier, Dana	St. Ambrose	13:38.05	1
9	Yotter, Britney	Mount Mercy	13:43.06	
10	Berger, Catherine	St. Ambrose	14:55.38	

Women 4x100 Meter Relay

	Team	Relay	Finals	Points
Finals				
1	Mount Mercy	A	48.15	10
	1) Rosien, Janae	2) Higgins, Jenna	3) Kooi, Cortni	4) Wilden, Larissa
2	St. Ambrose	A	49.16	8
	1) Skaggs, Meg	2) Butler, Ebonie	3) Medland, Sarah	4) Luehrs, Rachel
3	Ashford	A	49.52	6
	1) Vann, Myelle	2) Whittington, Channelle	3) Fabry, Kim	4) Minertz, Laura
4	Clarke University	A	50.02	5
	1) Dalen, Kaila	2) Zielke, Elyssa	3) Lehmkuhl, Megan	4) Reisberg, Jasmine
5	Iowa Wesleyan	A	51.10	4
	1) Freeman, LaStacy	2) Jones, Anna	3) DesJardins, Danielle	4) McCreight, Melanie
6	Grand View Univ.	A	51.77	3

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Women 4x400 Meter Relay**

Team	Relay	Finals	Points
Finals			
1 Clarke University 1) Day, Hannah	A 2) Lehmkuhl, Megan	4:04.42 3) Moyna, Katrina	10 4) Dalen, Kaila
2 Ashford 1) Minertz, Laura	A 2) Okwumabua, Nkemdilim	4:04.73 3) Wenzel, Sarah	8 4) Vann, Myelle
3 Mount Mercy 1) Kane, Jacqueline	A 2) Ripperger, Beth	4:08.26 3) Higgins, Jenna	6 4) Rosien, Janae
4 Grand View Univ.	A	4:13.16	5
5 Iowa Wesleyan 1) DesJardins, Danielle	A 2) Freeman, LaStacy	4:14.03 3) Jones, Caitlyn	4 4) McCreight, Melanie
6 St. Ambrose 1) Flahive, Lauren	A 2) Ertmer, Tori	4:15.63 3) Schilling, Kelsey	3 4) Luehrs, Rachel

Women 4x800 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Mount Mercy 1) Yotter, Kori	A 2) Daisy, Shelby	9:44.40 3) Ripperger, Beth	10 4) Danielsen, Kara
2 Grand View Univ. 1) Keller, Kara	A 2) McFayden, Allison	9:58.14 3) Birru, Obsie	8 4) Craig, Betsy
3 Clarke University 1) Freund, Carley	A 2) Moyna, Katrina	10:11.17 3) Gordon, Grace	6 4) Klein, Courtney
4 St. Ambrose 1) Maier, Dana	A 2) Hoebelheinrich, Emily	10:34.32 3) Beckett, Katie	5 4) Burkhalter, Molly
5 Iowa Wesleyan 1) Jones, Caitlyn	A 2) Krzystofiak, Kate	11:14.26 3) Derynck, Breanna	4 4) McCreight, Melanie

Women High Jump

Name	School	Finals	Points
Finals			
1 Wilden, Larissa	Mount Mercy	1.55m	10
2 Sanborn, Kayla	St. Ambrose	J1.55m	8
3 Nessian, Jessica	Clarke University	J1.55m	6
4 Luehrs, Rachel	St. Ambrose	1.50m	4.50
4 Ketcham, Heather	Ashford	1.50m	4.50
6 Craig, Betsy	Grand View Univ.	J1.50m	2.50
6 Burnett, Katie	William Penn	J1.50m	2.50
8 Popp, Teresa	St. Ambrose	J1.50m	1
9 Berry, Chhutani	Ashford	1.45m	
9 McCreight, Melanie	Iowa Wesleyan	1.45m	
11 Palmer, Lauren	Clarke University	J1.45m	
12 Heater, Lacey	Grand View Univ.	1.40m	
12 Fabry, Kim	Ashford	1.40m	

Women Pole Vault

Name	School	Finals	Points
Finals			
1 Bradford, Morgan	Clarke University	3.20m	10
2 Fischer, Haley	Ashford	2.75m	8
3 Bergman, Katie	Clarke University	2.60m	6
4 Vann, Myelle	Ashford	J2.60m	5

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	Name	School	Finals	Points
5	Schertz, Whitley	Grand View Univ.	2.45m	4
6	Schertz, Jordyn	Grand View Univ.	2.30m	3
7	Parsons, Abby	St. Ambrose	1.85m	2
8	Medland, Sarah	St. Ambrose	J1.85m	1
9	Rushton, Jen	St. Ambrose	1.55m	

Women Long Jump

	Name	School	Finals	Points
Finals				
1	Fabry, Kim	Ashford	5.32m	10
2	Sanborn, Kayla	St. Ambrose	5.30m	8
3	Wenzel, Sarah	Ashford	5.22m	6
4	Nessan, Jessica	Clarke University	5.21m	5
5	Rosien, Janae	Mount Mercy	5.17m	4
6	Luehrs, Rachel	St. Ambrose	5.15m	3
7	Medland, Sarah	St. Ambrose	5.09m	2
8	Kooi, Cortni	Mount Mercy	4.91m	1
9	Pestotnik, Maggie	Grand View Univ.	4.78m	
10	Murphy, Laurel	Grand View Univ.	4.67m	
11	Reeves, Ashley	Iowa Wesleyan	4.64m	
12	Skaggs, Meg	St. Ambrose	4.62m	
13	Burnett, Katie	William Penn	4.46m	
14	Heater, Lacey	Grand View Univ.	4.23m	
15	Saunders, Shannon	William Penn	3.84m	
16	Krzystofiak, Kate	Iowa Wesleyan	3.26m	

Women Triple Jump

	Name	School	Finals	Points
Finals				
1	Sanborn, Kayla	St. Ambrose	J10.92m	10
2	Nessan, Jessica	Clarke University	J10.84m	8
3	Torres, Sarah	St. Ambrose	J10.46m	6
4	Medland, Sarah	St. Ambrose	J10.26m	5
5	Wenzel, Sarah	Ashford	J10.15m	4
6	Fabry, Kim	Ashford	J9.88m	3
7	Skaggs, Meg	St. Ambrose	J9.88m	2
8	Christiansen, Brea	St. Ambrose	J9.86m	1
9	Pestotnik, Maggie	Grand View Univ.	9.63m	
10	Ketcham, Heather	Ashford	9.29m	
11	Berry, Chhutani	Ashford	9.10m	
12	Heater, Lacey	Grand View Univ.	8.81m	
---	Rosien, Janae	Mount Mercy	FOUL	

Women Shot Put

	Name	School	Finals	Points
Finals				
1	Higgins, Megan	Grand View Univ.	12.85m	10
2	Ziskovsky, Allie	Mount Mercy	12.15m	8
3	Hansen, Kelsey	Mount Mercy	11.95m	6
4	Jensen, Devon	Grand View Univ.	11.60m	5

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	Name	School	Finals	Points
5	Wenzel, Sarah	Ashford	11.30m	4
6	Butler, Rachel	William Penn	11.22m	3
7	Demmer, Brittany	Clarke University	11.12m	2
8	Burd, Martha	St. Ambrose	11.09m	1
9	Houston, Ashley	Grand View Univ.	10.89m	
10	Camp, Lauryn	Grand View Univ.	10.72m	
11	Frank, Colleen	Grand View Univ.	10.42m	
12	Caffery, Dawn	Ashford	10.38m	
13	Harnisch, Marissa	Grand View Univ.	10.22m	
14	Gentry-Jones, Laura	William Penn	10.16m	
15	Fabry, Kim	Ashford	10.15m	
16	Mabry, Deviin	St. Ambrose	9.46m	
17	Myers, Amaris	Mount Mercy	9.34m	
18	Grogan, Kaysee	Iowa Wesleyan	9.13m	
19	Austin, Lauren	Clarke University	7.98m	

Women Discus Throw

	Name	School	Finals	Points
Finals				
1	Jensen, Devon	Grand View Univ.	42.95m	10
2	Demmer, Brittany	Clarke University	37.65m	8
3	Houston, Ashley	Grand View Univ.	37.25m	6
4	Frank, Colleen	Grand View Univ.	35.48m	5
5	Burd, Martha	St. Ambrose	35.19m	4
6	Ziskovsky, Allie	Mount Mercy	35.09m	3
7	Butler, Rachel	William Penn	34.84m	2
8	Grogan, Kaysee	Iowa Wesleyan	33.01m	1
9	Harnisch, Marissa	Grand View Univ.	32.24m	
10	Camp, Lauryn	Grand View Univ.	31.43m	
11	Hansen, Kelsey	Mount Mercy	29.19m	
12	Gentry-Jones, Laura	William Penn	28.84m	
13	Austin, Lauren	Clarke University	27.59m	
14	Mabry, Deviin	St. Ambrose	23.80m	
15	Myers, Amaris	Mount Mercy	18.11m	
---	Higgins, Megan	Grand View Univ.	FOUL	

Women Hammer Throw

	Name	School	Finals	Points
Finals				
1	Hansen, Kelsey	Mount Mercy	49.39m	10
2	Camp, Lauryn	Grand View Univ.	49.21m	8
3	Houston, Ashley	Grand View Univ.	47.48m	6
4	Higgins, Megan	Grand View Univ.	41.12m	5
5	Caffery, Dawn	Ashford	41.12m	4
6	Demmer, Brittany	Clarke University	40.51m	3
7	Frank, Colleen	Grand View Univ.	40.50m	2
8	Burd, Martha	St. Ambrose	39.21m	1
9	Ziskovsky, Allie	Mount Mercy	37.31m	
10	Austin, Lauren	Clarke University	30.93m	
11	Myers, Amaris	Mount Mercy	30.88m	

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Name	School	Finals	Points
12 Harnisch, Marissa	Grand View Univ.	27.04m	
--- Mabry, Deviin	St. Ambrose	FOUL	

Women Javelin Throw

Name	School	Finals	Points
Finals			
1 Higgins, Jenna	Mount Mercy	43.93m	10
2 Jensen, Devon	Grand View Univ.	38.98m	8
3 Burnett, Katie	William Penn	37.95m	6
4 Schertz, Jordyn	Grand View Univ.	32.84m	5
5 Sanborn, Kayla	St. Ambrose	31.43m	4
6 Higgins, Megan	Grand View Univ.	30.07m	3
7 Schertz, Whitley	Grand View Univ.	29.81m	2
8 Fabry, Kim	Ashford	28.26m	1
9 Hotz, Nicole	Mount Mercy	27.96m	
10 Murphy, Laurel	Grand View Univ.	24.76m	
11 Popp, Teresa	St. Ambrose	22.96m	
12 Craig, Betsy	Grand View Univ.	22.72m	
13 Bergman, Katie	Clarke University	22.66m	
--- Demmer, Brittany	Clarke University	FOUL	

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	School	Finals	H#	Points
Finals				
1 Wilden., Larissa	Mount Mercy	26.42	2	761
2 Luehrs, Rachel	St. Ambrose	26.98	2	713
3 Sanborn, Kayla	St. Ambrose	27.16	2	699
4 Fabry, Kim	Ashford	27.18	1	697
5 Pestotnik., Maggie	Grand View Univ.	27.77	2	649
6 Murphy., Laurel	Grand View Univ.	27.93	2	636
7 Craig., Betsy	Grand View Univ.	28.04	2	628
8 McCreight., Melanie	Iowa Wesleyan	28.34	1	604
9 Minter, Emilie	St. Ambrose	29.22	1	538
10 Heckman, Calista	St. Ambrose	29.52	2	516
11 Berg, Kelsey	St. Ambrose	30.10	2	475

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	School	Finals	Points
Finals			
1 Luehrs, Rachel	St. Ambrose	2:25.92	745
2 Craig., Betsy	Grand View Univ.	2:28.84	707
3 McCreight., Melanie	Iowa Wesleyan	2:32.89	657
4 Sanborn, Kayla	St. Ambrose	2:35.19	629
5 Pestotnik., Maggie	Grand View Univ.	2:40.30	569
6 Fabry, Kim	Ashford	2:42.74	542
7 Wilden., Larissa	Mount Mercy	2:43.29	536
8 Minter, Emilie	St. Ambrose	2:47.83	486
9 Murphy., Laurel	Grand View Univ.	2:52.79	435
10 Heckman, Calista	St. Ambrose	3:05.82	313
11 Berg, Kelsey	St. Ambrose	3:10.71	272

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

Name	School	Finals	H#	Points
Finals				
1 Luehrs, Rachel	St. Ambrose	15.36	1	795
2 Murphy., Laurel	Grand View Univ.	15.75	3	745
3 Wilden., Larissa	Mount Mercy	16.15	1	696
4 Sanborn, Kayla	St. Ambrose	16.91	2	607
5 Pestotnik., Maggie	Grand View Univ.	17.00	3	596
6 McCreight., Melanie	Iowa Wesleyan	17.10	1	585
7 Heckman, Calista	St. Ambrose	17.69	2	521
8 Minter, Emilie	St. Ambrose	17.83	3	506
9 Fabry, Kim	Ashford	18.07	2	481
10 Berg, Kelsey	St. Ambrose	18.35	3	453
11 Craig., Betsy	Grand View Univ.	19.96	2	306

Heptathlon: #2 Women High Jump Heptathlon

Name	School	Finals	Points
Finals			
1 Sanborn, Kayla	St. Ambrose	1.59m	724
2 Luehrs, Rachel	St. Ambrose	1.53m	655
3 Wilden., Larissa	Mount Mercy	1.50m	621
3 Craig., Betsy	Grand View Univ.	1.50m	621
5 Fabry, Kim	Ashford	1.47m	588
5 McCreight., Melanie	Iowa Wesleyan	1.47m	588
7 Pestotnik., Maggie	Grand View Univ.	1.41m	523
8 Minter, Emilie	St. Ambrose	1.38m	491
9 Heckman, Calista	St. Ambrose	1.35m	460
10 Berg, Kelsey	St. Ambrose	1.29m	399
11 Murphy., Laurel	Grand View Univ.	1.26m	369

Heptathlon: #5 Women Long Jump Heptathlon

Name	School	Finals	Points
Finals			
1 Sanborn, Kayla	St. Ambrose	5.07m	578
2 Fabry, Kim	Ashford	5.02m	565
3 Luehrs, Rachel	St. Ambrose	4.94m	543
4 Heckman, Calista	St. Ambrose	4.71m	482
5 Wilden., Larissa	Mount Mercy	4.58m	448
5 Pestotnik., Maggie	Grand View Univ.	4.58m	448
7 Murphy., Laurel	Grand View Univ.	4.54m	438
8 Craig., Betsy	Grand View Univ.	4.43m	411
9 Berg, Kelsey	St. Ambrose	4.16m	345
10 McCreight., Melanie	Iowa Wesleyan	4.09m	329
11 Minter, Emilie	St. Ambrose	3.97m	301

Heptathlon: #3 Women Shot Put Heptathlon

Name	School	Finals	Points
Finals			
1 Fabry, Kim	Ashford	10.23m	545
2 Murphy., Laurel	Grand View Univ.	8.91m	458
3 Luehrs, Rachel	St. Ambrose	8.69m	444
4 Heckman, Calista	St. Ambrose	8.11m	406

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Finals ... (Heptathlon: #3 Women Shot Put Heptathlon)**

Name	School	Finals	Points
5 Pestotnik., Maggie	Grand View Univ.	7.71m	381
6 Sanborn, Kayla	St. Ambrose	7.38m	359
7 Craig., Betsy	Grand View Univ.	7.35m	357
7 Wilden., Larissa	Mount Mercy	7.35m	357
9 McCreight., Melanie	Iowa Wesleyan	7.08m	340
10 Minter, Emilie	St. Ambrose	6.98m	334
11 Berg, Kelsey	St. Ambrose	6.94m	331

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	School	Finals	Points
Finals			
1 Sanborn, Kayla	St. Ambrose	31.30m	501
2 Minter, Emilie	St. Ambrose	30.37m	484
3 Murphy., Laurel	Grand View Univ.	29.91m	475
4 Fabry, Kim	Ashford	28.52m	449
5 Craig., Betsy	Grand View Univ.	26.23m	405
6 Heckman, Calista	St. Ambrose	25.75m	396
7 Wilden., Larissa	Mount Mercy	24.07m	365
8 Luehrs, Rachel	St. Ambrose	22.49m	335
9 McCreight., Melanie	Iowa Wesleyan	20.36m	296
10 Berg, Kelsey	St. Ambrose	18.59m	263
11 Pestotnik., Maggie	Grand View Univ.	18.27m	257

Women Heptathlon

Name	School	Finals	Points
Finals			
1 Luehrs, Rachel	St. Ambrose	4230	10
2 Sanborn, Kayla	St. Ambrose	4097	8
3 Fabry, Kim	Ashford	3867	6
4 Wilden., Larissa	Mount Mercy	3784	5
5 Murphy., Laurel	Grand View Univ.	3556	4
6 Craig., Betsy	Grand View Univ.	3435	3
7 Pestotnik., Maggie	Grand View Univ.	3423	2
8 McCreight., Melanie	Iowa Wesleyan	3399	1
9 Minter, Emilie	St. Ambrose	3140	
10 Heckman, Calista	St. Ambrose	3094	
11 Berg, Kelsey	St. Ambrose	2538	

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Men 100 Meter Dash**

Name	School	Prelims	H#
Preliminaries			
1 Stepter, Carlos	William Penn	10.71 Q	1
2 Green, Gabriel	William Penn	10.82 Q	2
3 Bland, Titus	Grand View Univ.	10.92 Q	3
4 Hammer, Wes	Grand View Univ.	10.97 q	3
5 Appah, Joseph	St. Ambrose	11.13 q	3
6 Singleton, Demetryione	Ashford	11.16 q	1
7 Jones, Toi	Grand View Univ.	11.18 q	3
8 Morrison, Tony	St. Ambrose	11.24 q	2
9 Teague, DeMykhal	Ashford	11.25	2
10 Ritter, Tim	St. Ambrose	11.38	1
11 Harris, Wayne	William Penn	11.40	1
12 Beck, Sid	Mount Mercy	11.41	2
13 Thomas, Andrew	St. Ambrose	11.48	1
14 Smith, Casey	Clarke University	11.60	1
15 Vos, Zach	Grand View Univ.	11.66	3
16 Pilcher, Michael	William Penn	11.75	1
17 Christopher, Craig	Clarke University	12.35	3
18 DeBoer, Kyle	Mount Mercy	12.37	2

Men 100 Meter Dash

Name	School	Finals	Points
Finals			
1 Green, Gabriel	William Penn	10.65	10
2 Stepter, Carlos	William Penn	10.70	8
3 Bland, Titus	Grand View Univ.	11.05	6
4 Hammer, Wes	Grand View Univ.	11.07	5
5 Jones, Toi	Grand View Univ.	11.26	4
6 Singleton, Demetryione	Ashford	11.27	3
7 Morrison, Tony	St. Ambrose	11.39	2
8 Appah, Joseph	St. Ambrose	12.38	1

Men 200 Meter Dash

Name	School	Prelims	H#
Preliminaries			
1 Stepter, Carlos	William Penn	22.32 Q	2
2 Bland, Titus	Grand View Univ.	22.40 Q	3
3 Green, Gabriel	William Penn	22.48 Q	1
4 Teague, DeMykhal	Ashford	22.74 q	3
5 Hammer, Wes	Grand View Univ.	22.98 q	1
6 Appah, Joseph	St. Ambrose	23.02 q	2
7 Singleton, Demetryione	Ashford	23.08 q	3
8 Jones, Toi	Grand View Univ.	23.14 q	2
9 Ritter, Tim	St. Ambrose	23.37	2
10 Beck, Sid	Mount Mercy	23.51	3
11 Vos, Zach	Grand View Univ.	23.71	2
12 DeBoest, Dywaun	Grand View Univ.	23.74	3
13 Lambiase, Branden	Ashford	23.78	1
14 Jordan, Dexter	William Penn	23.94	1

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Preliminaries ... (Men 200 Meter Dash)**

Name	School	Prelims	H#
15 Madera, Matt	St. Ambrose	24.11	3
16 Thomas, Andrew	St. Ambrose	24.21	1
17 Smith, Casey	Clarke University	24.25	2
18 DeBoer, Kyle	Mount Mercy	25.26	2
19 Pilcher, Michael	William Penn	25.28	1
20 Christopher, Craig	Clarke University	25.31	3

Men 200 Meter Dash

Name	School	Finals	Points
Finals			
1 Green, Gabriel	William Penn	21.47	10
2 Hammer, Wes	Grand View Univ.	22.00	8
3 Appah, Joseph	St. Ambrose	22.48	6
4 Teague, DeMykhal	Ashford	22.50	5
5 Singleton, Demetryione	Ashford	22.65	4
6 Jones, Toi	Grand View Univ.	22.86	3
7 Bland, Titus	Grand View Univ.	23.75	2

Men 400 Meter Dash

Name	School	Finals	H#	Points
Finals				
1 Green, Gabriel	William Penn	49.91	1	10
2 Alvarez., Alex	Grand View Univ.	50.23	3	8
3 Teague, DeMykhal	Ashford	50.79	3	6
4 Appah, Joseph	St. Ambrose	51.16	3	5
5 White, Tariq	Grand View Univ.	51.49	3	4
6 Jordan, Dexter	William Penn	52.11	3	3
7 Beck, Sid	Mount Mercy	52.18	2	2
8 Adger, Bryce	Grand View Univ.	52.45	3	1
9 Vos, Zach	Grand View Univ.	52.62	2	
10 Madera, Matt	St. Ambrose	52.64	2	
11 Bettcher, Travis	Clarke University	52.80	2	
12 Lambiase, Branden	Ashford	52.92	3	
13 Hammer, Wes	Grand View Univ.	53.23	3	
14 Smith, Casey	Clarke University	54.66	2	
15 Gutknecht, Justin	Grand View Univ.	55.26	2	
16 Robertson, Cody	Mount Mercy	56.38	1	
17 DeBoer, Kyle	Mount Mercy	58.77	1	
18 Henry, Trent	Clarke University	1:00.05	2	

Men 800 Meter Run

Name	School	Finals	H#	Points
Finals				
1 Darmody, John	St. Ambrose	1:55.25	3	10
2 Mahon, Graham	Clarke University	1:57.08	3	8
3 Humphries, Kimani	St. Ambrose	1:59.02	3	6
4 Washington, Blake	William Penn	2:00.08	3	5
5 White, Tariq	Grand View Univ.	2:02.06	2	4
6 Bohnsack, Taelor	Grand View Univ.	2:03.08	3	3
7 McCune, Matthew	Ashford	2:03.31	3	2

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Finals ... (Men 800 Meter Run)**

	Name	School	Finals	H#	Points
8	Messerschmidt, Drew	Grand View Univ.	2:04.05	1	1
9	McNamara, Nate	St. Ambrose	2:05.37	2	
10	Quinn, Austin	St. Ambrose	2:05.88	2	
11	Johnson, Mitch	Mount Mercy	2:07.11	1	
12	Ward, Austin	Grand View Univ.	2:07.98	3	
13	Meyer, Brian	Ashford	2:09.03	3	
14	Lawton, Jayson	Mount Mercy	2:10.07	1	
15	Travers, Shawn	Grand View Univ.	2:13.88	1	
16	Clarke, Matthew	Mount Mercy	2:14.76	2	
17	Bellows, Josh	Clarke University	2:15.41	1	
18	Miroux, Kyle	Mount Mercy	2:16.15	1	
19	Bernholtz, Andy	Grand View Univ.	2:26.13	1	

Men 1500 Meter Run

	Name	School	Finals	Points
Finals				
1	Darmody, John	St. Ambrose	4:07.76	10
2	Mosbach, TJ	Mount Mercy	4:14.55	8
3	Messerschmidt, Drew	Grand View Univ.	4:14.74	6
4	Bohnsack, Taelor	Grand View Univ.	4:15.59	5
5	Nealy, Chris	Grand View Univ.	4:16.12	4
6	Whitmore, Jay	St. Ambrose	4:16.66	3
7	McNamara, Nate	St. Ambrose	4:17.35	2
8	Meyer, Brian	Ashford	4:21.90	1
9	Miroux, Mike	Mount Mercy	4:30.58	
10	Travers, Shawn	Grand View Univ.	4:30.89	
11	Rivera, Ray	Ashford	4:31.66	
12	Clarke, Matthew	Mount Mercy	4:34.60	
13	Donnelly, Ryan	St. Ambrose	4:36.16	
14	Ward, Austin	Grand View Univ.	4:40.06	
15	Miroux, Kyle	Mount Mercy	4:41.98	
16	Marshall, Quinton	William Penn	4:42.04	
17	Barnett, Derek	Grand View Univ.	4:57.89	
---	Carbajal, David	Mount Mercy	DNF	

Men 5000 Meter Run

	Name	School	Finals	Points
Finals				
1	Randle, Kevin	St. Ambrose	15:39.56	10
2	Brown, Kevin	Grand View Univ.	16:06.24	8
3	Vonnahme, Jim	Grand View Univ.	16:11.59	6
4	Schuler, Kipp	William Penn	16:31.95	5
5	Darmody, John	St. Ambrose	16:33.75	4
6	Buchanan, Ryan	St. Ambrose	16:44.11	3
7	Bannister, Gary	Mount Mercy	16:59.17	2
8	Mosbach, TJ	Mount Mercy	17:09.16	1
9	Norby, Tyler	St. Ambrose	17:12.87	
10	Reynolds, Nick	William Penn	17:16.12	
11	Miroux, Mike	Mount Mercy	17:21.58	
12	Nealy, Chris	Grand View Univ.	17:27.58	

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Finals ... (Men 5000 Meter Run)**

Name	School	Finals	Points
13 Newbury, Nick	Grand View Univ.	17:50.73	
14 Terry, Keith	Mount Mercy	17:57.76	
15 Welsh, Justin	Grand View Univ.	18:23.83	
16 Sherwood, Josh	St. Ambrose	18:24.30	
17 Bohnsack, Taelor	Grand View Univ.	19:25.13	
18 Schoening, Jonnie	Clarke University	19:32.57	
19 Althoff, Bryce	Mount Mercy	19:40.10	
20 Rhinehart, Nick	Clarke University	20:24.51	

Men 10000 Meter Run

Name	School	Finals	Points
Finals			
1 Randle, Kevin	St. Ambrose	32:30.85	10
2 Vonnahme, Jim	Grand View Univ.	32:51.97	8
3 Brown, Kevin	Grand View Univ.	33:43.43	6
4 Nealy, Chris	Grand View Univ.	34:23.21	5
5 Buchanan, Ryan	St. Ambrose	34:29.10	4
6 Bannister, Gary	Mount Mercy	35:19.25	3
7 Norby, Tyler	St. Ambrose	35:50.36	2
8 Terry, Keith	Mount Mercy	36:32.30	1
9 Newbury, Nick	Grand View Univ.	36:49.40	
10 Rader, Bryant	Mount Mercy	38:36.11	

Men 110 Meter Hurdles

Name	School	Prelims	H#
Preliminaries			
1 Morrison, Tony	St. Ambrose	15.06 Q	2
2 Westerkamp, Pete	Grand View Univ.	15.29 Q	1
3 Ludwikowski, Justin	Ashford	15.10 q	2
4 Singleton, Demetryione	Ashford	15.35 q	1
5 Ernst, Tyler	Clarke University	16.06 q	2
6 Patten, Tyler	Grand View Univ.	16.54 q	1
7 Adger, Bryce	Grand View Univ.	16.55 q	1
8 Robertson, Cody	Mount Mercy	16.57 q	2
9 Whalen, Sean	St. Ambrose	16.88	2
10 McBride, Dillion	Grand View Univ.	18.08	2

Men 110 Meter Hurdles

Name	School	Finals	Points
Finals			
1 Ludwikowski, Justin	Ashford	15.02	10
2 Morrison, Tony	St. Ambrose	15.09	8
3 Singleton, Demetryione	Ashford	15.15	6
4 Westerkamp, Pete	Grand View Univ.	15.26	5
5 Ernst, Tyler	Clarke University	16.00	4
6 Robertson, Cody	Mount Mercy	16.11	3
7 Adger, Bryce	Grand View Univ.	16.43	2
8 Patten, Tyler	Grand View Univ.	17.09	1

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Men 400 Meter Hurdles**

	Name	School	Finals	H#	Points
Finals					
1	Westerkamp, Pete	Grand View Univ.	56.03	2	10
2	Adger, Bryce	Grand View Univ.	57.21	1	8
3	Patten, Tyler	Grand View Univ.	57.54	2	6
4	Ludwikowski, Justin	Ashford	57.93	2	5
5	Whalen, Sean	St. Ambrose	58.41	2	4
6	Gutknecht, Justin	Grand View Univ.	58.48	2	3
7	Darmody, John	St. Ambrose	58.50	1	2
8	Are, Ademola	Ashford	59.02	2	1
9	Robertson, Cody	Mount Mercy	59.44	1	
10	Ernst, Tyler	Clarke University	1:00.11	1	
11	White, Tariq	Grand View Univ.	1:01.43	1	
12	Schmidt, Matt	St. Ambrose	1:02.29	2	
13	Quinn, Brendan	St. Ambrose	1:02.34	1	
14	McBride, Dillion	Grand View Univ.	1:04.71	1	

Men 3000 Meter Steeplechase

	Name	School	Finals	Points
Finals				
1	Darmody, John	St. Ambrose	9:52.67	10
2	Reynolds, Nick	William Penn	10:03.41	8
3	Nealy, Chris	Grand View Univ.	10:14.26	6
4	Schuler, Kipp	William Penn	10:17.41	5
5	Welsh, Justin	Grand View Univ.	10:32.33	4
6	Johnson, Mitch	Mount Mercy	10:56.38	3
7	Sherwood, Josh	St. Ambrose	11:00.25	2
8	Bowles, David	St. Ambrose	11:05.73	1
9	Lawton, Jayson	Mount Mercy	11:19.86	
10	Schmidt, Matt	St. Ambrose	11:38.83	
11	Paton, Alan	Grand View Univ.	12:15.99	

Men 4x100 Meter Relay

	Team	Relay	Finals	Points
Finals				
1	Grand View Univ.	A	42.08	10
2	William Penn	A	42.47	8
	1) Clay, Royce	2) Stepter, Carlos	3) Pilcher, Michael	4) Green, Gabriel
3	Ashford	A	42.78	6
	1) Teague, DeMykhal	2) Singleton, Demetryione	3) Awah, Christian	4) Lambiase, Branden
4	St. Ambrose	A	43.54	5
	1) Thomas, Andrew	2) Carlson, Eric	3) Ritter, Tim	4) Morrison, Tony
5	Clarke University	A	45.66	4
	1) Ernst, Tyler	2) ReVoir, Russel	3) Deneen, Charles	4) Smith, Casey

Men 4x400 Meter Relay

	Team	Relay	Finals	Points
Finals				
1	Grand View Univ.	A	3:23.87	10
2	Ashford	A	3:27.70	8
	1) Singleton, Demetryione	2) Lambiase, Branden	3) Ludwikowski, Justin	4) Teague, DeMykhal

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Finals ... (Men 4x400 Meter Relay)**

Team	Relay	Finals	Points
3 St. Ambrose 1) Thomas, Andrew	A 2) Madera, Matt	3:29.56 3) Humphries, Kimani	6 4) Appah, Joseph
4 Clarke University 1) Mahon, Graham	A 2) Bettcher, Travis	3:33.33 3) Ernst, Tyler	5 4) Smith, Casey
5 Mount Mercy 1) Robertson, Cody	A 2) Beck, Sid	3:42.27 3) Carbajal, David	4 4) Clarke, Matthew

Men 4x800 Meter Relay

Team	Relay	Finals	Points
Finals 1 Grand View Univ. 1) Bohnsack, Taelor	A 2) Ward, Austin	8:07.41 3) Welsh, Justin	10 4) Alvarez., Alex
2 Mount Mercy 1) Miroux, Mike	A 2) Clarke, Matthew	8:11.12 3) Carbajal, David	8 4) Mosbach, TJ
3 St. Ambrose 1) Humphries, Kimani	A 2) Quinn, Austin	8:14.90 3) McNamara, Nate	6 4) Donnelly, Ryan
4 Ashford 1) Rivera, Ray	A 2) McClain, Patrick	8:27.83 3) McCune, Matthew	5 4) Meyer, Brian
5 Clarke University 1) Bellows, Josh	A 2) Schoening, Jonnie	9:05.05 3) Rhinehart, Nick	4 4) Bettcher, Travis
6 William Penn 1) Molyneux, Josh	A 2) Jordan, Dexter	9:16.87 3) DeVore, Donovan	3 4) Washington, Blake

Men High Jump

Name	School	Finals	Points
Finals 1 Smith, Austin	Ashford	1.96m	10
2 Barnes, Travis	Grand View Univ.	1.91m	8
3 Panchol, Emmanuel	Ashford	J1.91m	6
4 Jordan, Nolan	St. Ambrose	1.86m	5
5 Deneen, Charles	Clarke University	J1.86m	4
6 Morrison, Tony	St. Ambrose	1.81m	3
7 Ludwikowski, Justin	Ashford	1.76m	2
8 ReVoir, Russel	Clarke University	J1.76m	1
9 Metzler, Dave	St. Ambrose	1.66m	

Men Pole Vault

Name	School	Finals	Points
Finals 1 Holley, Matthew	Ashford	3.80m	10
2 Adger, Bryce	Grand View Univ.	J3.80m	8
3 Meza, Henry	Grand View Univ.	3.65m	6
4 Mortell, Noah	Grand View Univ.	J3.65m	5
5 LaBore, Tanner	Grand View Univ.	3.50m	4
6 Carlson, Eric	St. Ambrose	3.35m	3
7 McBride, Dillion	Grand View Univ.	3.05m	2
8 Ludwikowski, Justin	Ashford	J3.05m	1
9 Ritter, Tim	St. Ambrose	2.90m	
10 Morrison, Tony	St. Ambrose	J2.90m	

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Men Long Jump**

	Name	School	Finals	Points
Finals				
1	Hobbs, Ridge	Iowa Wesleyan	7.04m	10
2	Bland, Titus	Grand View Univ.	6.99m	8
3	Adger, Bryce	Grand View Univ.	6.76m	6
4	Thomas, Javares	William Penn	6.74m	5
5	Clay, Royce	William Penn	6.73m	4
6	Jordan, Dexter	William Penn	6.58m	3
7	Westerkamp, Pete	Grand View Univ.	6.49m	2
8	Morrison, Tony	St. Ambrose	6.44m	1
9	Jackson, Dominic	St. Ambrose	6.41m	
10	Hammer, Wes	Grand View Univ.	6.19m	
11	Barnes, Travis	Grand View Univ.	6.10m	
12	Shiple, Tyler	William Penn	5.96m	
13	Carlson, Eric	St. Ambrose	5.91m	
---	VanAntwerp, Ian	St. Ambrose	FOUL	

Men Triple Jump

	Name	School	Finals	Points
Finals				
1	Thomas, Javares	William Penn	14.26m	10
2	Clay, Royce	William Penn	14.10m	8
3	VanAntwerp, Ian	St. Ambrose	13.75m	6
4	Bland, Titus	Grand View Univ.	13.28m	5
5	Westerkamp, Pete	Grand View Univ.	13.03m	4
6	Panchol, Emmanuel	Ashford	12.97m	3
7	Barnes, Travis	Grand View Univ.	12.41m	2
8	Jordan, Nolan	St. Ambrose	12.37m	1
9	Carlson, Eric	St. Ambrose	11.79m	
---	Adger, Bryce	Grand View Univ.	FOUL	
---	Shiple, Tyler	William Penn	FOUL	

Men Shot Put

	Name	School	Finals	Points
Finals				
1	Wells, Tyler	Grand View Univ.	16.79m	10
2	Touchie, Spencer	Ashford	15.20m	8
3	Dubree, Chris	St. Ambrose	14.30m	6
4	Williams, Cy	Grand View Univ.	14.20m	5
5	Vaden, Wes	St. Ambrose	13.93m	4
6	Rufus, Danny	St. Ambrose	13.86m	3
7	Heuermann, Nick	St. Ambrose	13.84m	2
8	Osborn, Marc	Grand View Univ.	13.43m	1
9	Hines, Colten	Iowa Wesleyan	12.94m	
10	Brown, Aaron	Iowa Wesleyan	12.81m	
11	Turcato, Peter	St. Ambrose	12.60m	
12	Erby, Artay	Grand View Univ.	12.02m	
13	Olson, Joshua	William Penn	11.46m	
14	Kunc, Jarod	Clarke University	11.00m	
---	Wielgopalan, Luke	St. Ambrose	FOUL	

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Men Discus Throw**

	Name	School	Finals	Points
Finals				
1	Wells, Tyler	Grand View Univ.	48.21m	10
2	Wielgopolan, Luke	St. Ambrose	43.38m	8
3	Osborn, Marc	Grand View Univ.	42.77m	6
4	Snyder, Joe	Ashford	41.80m	5
5	Williams, Cy	Grand View Univ.	41.28m	4
6	Dubree, Chris	St. Ambrose	41.11m	3
7	Heuermann, Nick	St. Ambrose	40.66m	2
8	Hines, Colten	Iowa Wesleyan	37.25m	1
9	Kunc, Jarod	Clarke University	36.80m	
10	Vaden, Wes	St. Ambrose	36.17m	
11	Feinman, Jacob	Ashford	34.74m	
12	McLindon, Brian	St. Ambrose	32.59m	
13	Fulton, Mike	William Penn	30.65m	
14	Erby, Artay	Grand View Univ.	30.29m	
15	Calvert, George	William Penn	28.61m	
---	Brown, Aaron	Iowa Wesleyan	FOUL	
---	Rufus, Danny	St. Ambrose	FOUL	

Men Hammer Throw

	Name	School	Finals	Points
Finals				
1	Rufus, Danny	St. Ambrose	51.49m	10
2	Williams, Cy	Grand View Univ.	51.33m	8
3	Wells, Tyler	Grand View Univ.	50.86m	6
4	Wielgopolan, Luke	St. Ambrose	49.48m	5
5	Vaden, Wes	St. Ambrose	43.03m	4
6	Turcato, Peter	St. Ambrose	41.82m	3
7	Calvert, George	William Penn	41.04m	2
8	Erby, Artay	Grand View Univ.	40.46m	1
9	Dubree, Chris	St. Ambrose	40.45m	
10	Osborn, Marc	Grand View Univ.	40.03m	
11	Hines, Colten	Iowa Wesleyan	38.04m	
12	Touchie, Spencer	Ashford	37.51m	
---	Snyder, Joe	Ashford	FOUL	
---	McLindon, Brian	St. Ambrose	FOUL	
---	Kunc, Jarod	Clarke University	FOUL	

Men Javelin Throw

	Name	School	Finals	Points
Finals				
1	Wilson, Chad	St. Ambrose	50.29m	10
2	Ludwikowski, Justin	Ashford	49.77m	8
3	Smith, Austin	Ashford	47.17m	6
4	Herron, Walter	William Penn	47.02m	5
5	Steinbach, Nick	St. Ambrose	46.70m	4
6	LaBore, Tanner	Grand View Univ.	44.49m	3
7	Rufus, Danny	St. Ambrose	43.63m	2
8	Westerkamp, Pete	Grand View Univ.	42.07m	1

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Finals ... (Men Javelin Throw)**

	Name	School	Finals	Points
9	Esquivel, Gustavo	Clarke University	41.96m	
9	Carlson, Eric	St. Ambrose	41.96m	
11	Bettcher, Travis	Clarke University	41.35m	
12	Osborn, Marc	Grand View Univ.	40.43m	
13	Adger, Bryce	Grand View Univ.	40.18m	
14	McBride, Dillion	Grand View Univ.	39.30m	
15	Vos, Zach	Grand View Univ.	34.28m	
16	Kunc, Jarod	Clarke University	34.17m	
17	Kaye, Jameson	Iowa Wesleyan	33.69m	

Decathlon: #1 Men 100 Meter Dash Decathlon

	Name	School	Finals	Points
Finals				
1	Morrison, Tony	St. Ambrose	11.37	780
2	Ritter, Tim	St. Ambrose	11.46	761
3	Adger., Bryce	Grand View Univ.	11.49	755
4	Ludwikowski, Justin	Ashford	11.50	753
5	Carlson, Eric	St. Ambrose	11.53	746
6	McBride., Dillion	Grand View Univ.	11.95	661

Decathlon: #5 Men 400 Meter Dash Decathlon

	Name	School	Finals	Points
Finals				
1	Adger., Bryce	Grand View Univ.	51.30	756
2	Ludwikowski, Justin	Ashford	52.90	686
3	Ritter, Tim	St. Ambrose	53.64	655
4	Carlson, Eric	St. Ambrose	55.55	577
5	McBride., Dillion	Grand View Univ.	56.04	558
6	Morrison, Tony	St. Ambrose	56.75	530

Decathlon: #10 Men 1500 Meter Run Decathlon

	Name	School	Finals	Points
Finals				
1	Adger., Bryce	Grand View Univ.	4:36.55	702
2	Ludwikowski, Justin	Ashford	4:46.46	640
3	Ritter, Tim	St. Ambrose	5:05.43	529
4	McBride., Dillion	Grand View Univ.	5:11.25	497
5	Carlson, Eric	St. Ambrose	5:25.55	422
6	Morrison, Tony	St. Ambrose	5:55.95	281

Decathlon: #6 Men 110 Meter Hurdles Decathlon

	Name	School	Finals	H#	Points
Finals					
1	Ludwikowski, Justin	Ashford	15.35	2	808
2	Morrison, Tony	St. Ambrose	15.73	2	763
3	Adger., Bryce	Grand View Univ.	17.25	1	598
4	McBride., Dillion	Grand View Univ.	18.84	1	447
5	Carlson, Eric	St. Ambrose	19.38	1	400
6	Ritter, Tim	St. Ambrose	20.74	2	293

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Decathlon: #4 Men High Jump Decathlon**

Name	School	Finals	Points
Finals			
1 Ludwikowski, Justin	Ashford	1.74m	577
2 Morrison, Tony	St. Ambrose	1.71m	552
3 Adger., Bryce	Grand View Univ.	1.59m	457
3 McBride., Dillion	Grand View Univ.	1.59m	457
5 Carlson, Eric	St. Ambrose	1.56m	434
6 Ritter, Tim	St. Ambrose	1.53m	411

Decathlon: #8 Men Pole Vault Decathlon

Name	School	Finals	Points
Finals			
1 Carlson, Eric	St. Ambrose	3.26m	421
2 Morrison, Tony	St. Ambrose	3.06m	371
3 Ritter, Tim	St. Ambrose	2.96m	347
3 McBride., Dillion	Grand View Univ.	2.96m	347
3 Ludwikowski, Justin	Ashford	2.96m	347
3 Adger., Bryce	Grand View Univ.	2.96m	347

Decathlon: #2 Men Long Jump Decathlon

Name	School	Finals	Points
Finals			
1 Adger., Bryce	Grand View Univ.	6.10m	608
2 Ludwikowski, Justin	Ashford	6.06m	600
3 Carlson, Eric	St. Ambrose	6.00m	587
4 Morrison, Tony	St. Ambrose	5.87m	559
5 Ritter, Tim	St. Ambrose	5.79m	542
6 McBride., Dillion	Grand View Univ.	5.74m	531

Decathlon: #3 Men Shot Put Decathlon

Name	School	Finals	Points
Finals			
1 Ludwikowski, Justin	Ashford	11.52m	577
2 Carlson, Eric	St. Ambrose	10.58m	521
3 McBride., Dillion	Grand View Univ.	9.85m	477
4 Morrison, Tony	St. Ambrose	8.54m	398
5 Adger., Bryce	Grand View Univ.	7.76m	352
6 Ritter, Tim	St. Ambrose	6.76m	293

Decathlon: #7 Men Discus Throw Decathlon

Name	School	Finals	Points
Finals			
1 Adger., Bryce	Grand View Univ.	29.44m	453
2 McBride., Dillion	Grand View Univ.	28.52m	435
3 Ludwikowski, Justin	Ashford	27.26m	411
4 Carlson, Eric	St. Ambrose	25.18m	371
5 Morrison, Tony	St. Ambrose	18.85m	251
6 Ritter, Tim	St. Ambrose	15.98m	198

2011 MCC MIDWEST TRACK & FIELD CHAMPIONSHIPS - 5/6/2011 to 5/7/2011**Grand View University * Des Moines, IA****Results****Decathlon: #9 Men Javelin Throw Decathlon**

	Name	School	Finals	Points
Finals				
1	Adger., Bryce	Grand View Univ.	44.10m	502
2	Ludwikowski, Justin	Ashford	39.72m	438
3	Carlson, Eric	St. Ambrose	39.20m	431
4	McBride., Dillion	Grand View Univ.	37.84m	411
5	Ritter, Tim	St. Ambrose	31.45m	320
6	Morrison, Tony	St. Ambrose	23.69m	211

Men Decathlon

	Name	School	Finals	Points
Finals				
1	Ludwikowski, Justin	Ashford	5837	10
2	Adger., Bryce	Grand View Univ.	5530	8
3	Carlson, Eric	St. Ambrose	4910	6
4	McBride., Dillion	Grand View Univ.	4821	5
5	Morrison, Tony	St. Ambrose	4696	4
6	Ritter, Tim	St. Ambrose	4349	3

Women - Team Rankings - 22 Events Scored

1) Grand View Univ.	229.5	2) Mount Mercy	197
3) St. Ambrose	170.5	4) Ashford	104.5
5) Clarke University	100	6) Iowa Wesleyan	30
7) William Penn	13.5		

Men - Team Rankings - 22 Events Scored

1) Grand View Univ.	300	2) St. Ambrose	220
3) Ashford	131	4) William Penn	112
5) Mount Mercy	35	6) Clarke University	30
7) Iowa Wesleyan	11		