

**Knox College - 4/2/2011**  
**Outdoor Track & Field Invitational**  
**Knox College, Galesburg, Illinois**  
**Results**

**Women 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Vann, Myelle	Ashford Univ	12.81 4.0
2 Weller, Kristi	Knox College	13.26 4.0
3 Durotoye, Yetunde	Knox College	13.51 4.0
4 Knowlton, Claire	Knox College	13.55 4.0
5 Brown, Sara	Knox College	13.69 4.0
6 Wenzel, Heather	Eureka Colle	13.97 3.8
7 Bugaieski, Kiley	Eureka Colle	14.13 3.8
8 Scammahorn, Amy	Eureka Colle	14.79 4.0

**Women 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Vann, Myelle	Ashford Univ	25.97 6.2
2 Minertz, Laura	Ashford Univ	26.38 6.2
3 Ehredt, Danyelle	Western Illi	27.52 6.2
4 Knowlton, Claire	Knox College	28.25 6.2
5 Ketcham, Heather	Ashford Univ	28.55 3.1
6 Berry, Chhutani	Ashford Univ	28.63 3.1
7 Weller, Kristi	Knox College	28.65 6.2
8 Brown, Sara	Knox College	28.77 3.1
9 Fischer, Haley	Ashford Univ	28.88 6.2
10 Minter, Emilie	St Ambrose U	29.98 3.1
11 Warner, Lizzy	Knox College	30.11 3.1
12 Berg, Kelsey	St Ambrose U	30.86 3.1
13 Cole, Brynn	Knox College	31.72 3.1

**Women 400 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Ehredt, Danyelle	Western Illi	1:01.61
2 Minertz, Laura	Ashford Univ	1:02.94
3 Bohm, Chloe	Knox College	1:03.80
4 Parkinson, Rayann	Knox College	1:08.71
5 Snoddy, Icy	Western Illi	1:10.04
6 Cole, Brynn	Knox College	1:19.18
7 Bogalub, Carli	Knox College	1:24.68
8 Lloyd, Jenn	Knox College	1:43.26

**Women 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Okwumabua, Nkemdilim	Ashford Univ	2:31.68
2 Gray, MacKenzie	Western Illi	2:40.53
3 Williams, Alexa	Western Illi	2:48.54
4 Schreck, Amanda	Eureka Colle	2:50.26
5 Linder, Jenny	Knox College	2:51.56
6 Thomas, Erika	Eureka Colle	3:17.44

**Women 1500 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Williams, Alexa	Western Illi	5:18.77

2 Gray, MacKenzie	Western Illi	5:19.03
3 Okwumabua, Nkemdilim	Ashford Univ	5:25.78
4 Szymanski, Alexandra	Western Illi	5:39.24
5 Roy, Elizabeth	Western Illi	5:39.28
6 Degan, Brenna	Knox College	5:49.58
7 Cody, Yael	Knox College	6:01.77
8 Huston, Desirae	Quincy Unive	6:02.62
9 Barnhouse, Jaclyn	Quincy Unive	6:04.14
10 Thomas, Erika	Eureka Colle	6:29.29
11 Koltveit, Rebecca	Eureka Colle	6:56.13
12 Rodgers, Shelbi	Eureka Colle	7:04.37

**Women 100 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Knowlton, Claire	Knox College	17.29 2.9
2 Minter, Emilie	St Ambrose U	18.45 2.9
3 Berg, Kelsey	St Ambrose U	18.75 2.9
4 Fabry, Kim	Ashford Univ	18.96 2.9
5 Popp, Teresa	St Ambrose U	20.09 2.9

**Women 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Knox College	A	54.59
2 Eureka College	A	56.22

**Women 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Ashford Univ	A	4:18.08
2 Knox College	A	4:24.50

**Women High Jump**

Name	School	Finals
<b>Finals</b>		
1 Ketcham, Heather	Ashford Univ	1.55m
2 Berry, Chhutani	Ashford Univ	1.50m
3 Popp, Teresa	St Ambrose U	1.40m

**Women Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Manning, Nichole	Western Illi	3.69m
2 Woodruff, Tyra	Western Illi	3.23m
3 Fischer, Haley	Ashford Univ	2.77m
4 Wyffels, Megan	Western Illi	2.62m
4 Johnson, Laura	Knox College	2.62m
--- Berg, Kelsey	St Ambrose U	NH

**Women Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Fabry, Kim	Ashford Univ	5.21m 3.3
2 Wenzel, Sarah	Ashford Univ	5.10m 1.5
3 Wenzel, Heather	Eureka Colle	4.55m 1.2

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**Results**

<b>Finals ... (Women Long Jump)</b>				<b>Men 100 Meter Dash</b>			
<b>Name</b>	<b>School</b>	<b>Finals</b>		<b>Name</b>	<b>School</b>	<b>Finals</b>	
4 Scammahorn, Amy	Eureka Colle	4.34m	2.9	<b>Finals</b>			
<b>Women Triple Jump</b>				1 Schmidgall, Wes	Eureka Colle	11.22	4.2
<b>Name</b>	<b>School</b>	<b>Finals</b>		2 Lambiase, Branden	Ashford Univ	11.30	4.2
<b>Finals</b>				3 Thomas, Patrick	Western Illi	11.36	4.8
1 Wenzel, Heather	Eureka Colle	9.44m	3.8	4 Liles, Jordan	Wiu Tf	11.41	4.2
<b>Women Shot Put</b>				5 Jude, Courtney	Knox College	11.74	4.2
<b>Name</b>	<b>School</b>	<b>Finals</b>		6 Dawson, Corey	Eureka Colle	11.97	4.8
<b>Finals</b>				7 Davis, Jamison	Western Illi	12.03	4.8
1 Larue, Dana	Western Illi	12.78m		8 Belk, Zack	Knox College	12.05	4.2
2 Ortega, Jessica	Western Illi	12.30m		9 Minehan, Mike	Eureka Colle	12.06	4.8
3 Fabry, Kim	Ashford Univ	10.63m		10 Swider-Rogers, Jake	Knox College	12.20	4.2
4 Wenzel, Sarah	Ashford Univ	10.34m		11 Schaefer, Bill	Knox College	12.37	4.8
5 Caffery, Dawn	Ashford Univ	10.23m		<b>Men 200 Meter Dash</b>			
6 Mwaura, Sophia	Knox College	8.76m		<b>Name</b>	<b>School</b>	<b>Finals</b>	
7 Boney, Glyniss	Knox College	8.66m		<b>Finals</b>			
8 Ricketts, Kelly	Knox College	8.30m		1 Dollison, Davin	Western Illi	22.40	3.8
9 McLaughllin, Catie	Knox College	8.22m		2 Lambiase, Branden	Ashford Univ	22.62	3.8
<b>Women Discus Throw</b>				3 Thomas, Patrick	Western Illi	22.72	5.3
<b>Name</b>	<b>School</b>	<b>Finals</b>		4 Schmidgall, Wes	Eureka Colle	22.81	3.8
<b>Finals</b>				5 Carlson, Tanner	Knox College	22.90	3.8
1 Jones, Lizzy	Western Illi	40.32m		6 Liles, Jordan	Wiu Tf	23.21	5.3
2 Larue, Dana	Western Illi	37.04m		7 Glasebrook, Zach	Western Illi	23.38	5.3
3 Verity, Jenna	Western Illi	35.80m		8 Degross, Garrett	Western Illi	23.46	5.3
4 McLaughllin, Catie	Knox College	29.69m		9 Moses, Jmaw	Knox College	23.74	3.8
5 Mwaura, Sophia	Knox College	24.74m		10 Taylor, Melvin	Knox College	24.78	5.3
6 Boney, Glyniss	Knox College	19.03m		11 Speth, Joe	St Ambrose U	24.80	5.3
<b>Women Hammer Throw</b>				12 Swider-Rogers, Jake	Knox College	25.23	3.8
<b>Name</b>	<b>School</b>	<b>Finals</b>		13 Belk, Zack	Knox College	26.08	5.3
<b>Finals</b>				14 Churney, Reese	St Ambrose U	26.82	5.3
1 Jones, Lizzy	Western Illi	49.59m		<b>Men 400 Meter Dash</b>			
2 Ortega, Jessica	Western Illi	48.77m		<b>Name</b>	<b>School</b>	<b>Finals</b>	
3 Verity, Jenna	Western Illi	44.59m		<b>Finals</b>			
4 Larue, Dana	Western Illi	41.03m		1 Dollison, Davin	Western Illi	51.02	
5 Boney, Glyniss	Knox College	28.60m		2 Degross, Garrett	Western Illi	52.16	
6 Mwaura, Sophia	Knox College	28.31m		3 Taylor, Melvin	Knox College	59.51	
7 McLaughllin, Catie	Knox College	27.90m		<b>Men 800 Meter Run</b>			
--- Caffery, Dawn	Ashford Univ	FOUL		<b>Name</b>	<b>School</b>	<b>Finals</b>	
<b>Women Javelin Throw</b>				<b>Finals</b>			
<b>Name</b>	<b>School</b>	<b>Finals</b>		1 Brongo, Matt	Knox College	2:03.32	
<b>Finals</b>				2 Glenn, David	Western Illi	2:04.01	
1 Minter, Emilie	St Ambrose U	31.64m		3 Castel, Michael	Western Illi	2:04.62	
2 Wyffels, Megan	Western Illi	27.19m		4 Mueller, Bobby	Knox College	2:04.81	
3 Popp, Teresa	St Ambrose U	24.78m		5 Meyer, Brian	Ashford Univ	2:06.00	
4 Gould, Delaney	Knox College	23.94m		6 Hibbard, Eli	Quincy Unive	2:06.27	
5 McLaughllin, Catie	Knox College	22.42m		7 Ahrends, Zach	Eureka Colle	2:06.94	
6 Ricketts, Kelly	Knox College	21.26m		8 Rivera, Ray	Ashford Univ	2:11.89	
7 Mwaura, Sophia	Knox College	19.97m		9 Panchol, Emmanuel	Ashford Univ	2:21.77	
8 Johnson, Laura	Knox College	19.57m		10 Helgeson, Jon	Eureka Colle	2:25.61	
				11 Malone, Ian	Knox College	2:36.83	

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**Men 1500 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Castel, Michael	Western Illi	4:10.68
2 Buckles, Tyler	Western Illi	4:13.75
3 Van Fossen, Ryan	Unattached	4:15.01
4 Marlow, Chase	Western Illi	4:25.81
5 Rivera, Ray	Ashford Univ	4:31.29
6 Ahrends, Zach	Eureka Colle	4:32.77
7 Choate, Sean	Knox College	4:34.45
8 Hibbard, Eli	Quincy Unive	4:39.99
9 Brankin, Dave	Knox College	4:56.88
10 Ulrich, Caleb	Unattached	4:57.34
11 Prtizker, Nathan	Eureka Colle	5:03.65
12 Malone, Ian	Knox College	5:07.35

**Men 5000 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Powers, Doug	Ashford Univ	16:07.15
2 Moreno, Gabe	Knox College	16:21.05
3 Lawson, David	Unattached	16:50.41
4 Meyer, Brian	Ashford Univ	17:03.23
5 Choate, Sean	Knox College	17:21.69
6 Buddell, Jacob	Knox College	17:29.32
7 Buddell, Tyler	Knox College	17:39.08

**Men 110 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Awah, Christian	Ashford Univ	14.95 1.9
2 Ludwikowski, Justin	Ashford Univ	15.09 1.9

**Men 400 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Awah, Christian	Ashford Univ	55.88
2 Leal, Matt	Western Illi	56.48
3 Are, Ademola	Ashford Univ	1:01.23
4 Schaefer, Bill	Knox College	1:01.47

**Men 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Western Illinois Univ	A	43.67
2 Knox College	A	45.35
3 Eureka College	A	45.74

**Men 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Ashford Univ	A	3:26.42
2 Western Illinois Univ	A	3:28.14
3 Knox College	A	3:31.10

**Men High Jump**

Name	School	Finals
<b>Finals</b>		
1 Taylor, Jamario	Western Illi	2.02m
2 Smith, Austin	Ashford Univ	1.97m
3 Crabtree, Michael	Western Illi	1.92m
4 Panchol, Emmanuel	Ashford Univ	1.87m
5 Jordan, Nolan	St Ambrose U	1.82m
6 Metzler, Dave	St Ambrose U	1.67m
--- Speth, Joe	St Ambrose U	NH

**Men Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Glasebrook, Zach	Western Illi	3.97m
--- Veal, Jeff	Western Illi	NH

**Men Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Glasebrook, Zach	Western Illi	6.83m 3.8
2 Dollison, Davin	Western Illi	6.68m 2.2
3 Jude, Courtney	Knox College	6.09m 2.5
4 Swider-Rogers, Jake	Knox College	5.83m 3.4
5 Michener, Peter	Knox College	5.37m 0.8
6 Helgeson, Jon	Eureka Colle	4.86m 3.0

**Men Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Panchol, Emmanuel	Ashford Univ	13.39m 2.5
2 Jordan, Nolan	St Ambrose U	12.12m 1.3
3 Michener, Peter	Knox College	10.46m 2.4

**Men Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Crisman, Jason	Western Illi	15.52m
2 Sherrick, Brayden	Western Illi	14.32m
3 Touchie, Spencer	Ashford Univ	14.14m
4 Rowell, Jacob	Western Illi	13.45m
5 Lippert, Tyler	Wiu Tf	13.36m
6 Chenoweth, Weston	Knox College	13.12m
7 Marshall, Nathaniel	Western Illi	13.06m
8 Ludwikowski, Justin	Ashford Univ	12.27m
9 Worrell, Tim	Knox College	10.66m
10 Compton, Devin	Knox College	10.64m
11 Johnson, Dan	Knox College	9.88m
12 Lebryk, Paul	Knox College	9.86m
13 Mullins, Nathan	Eureka Colle	9.39m
--- Hames, Paul	Western Illi	FOUL

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**Results**

**Men Discus Throw**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Crisman, Jason	Western Illi	43.84m
2	Snyder, Joe	Ashford Univ	41.76m
3	Marshall, Nathaniel	Western Illi	40.92m
4	Sherrick, Brayden	Western Illi	40.86m
5	Rowell, Jacob	Western Illi	39.08m
6	Hames, Paul	Western Illi	36.86m
7	Elston, Tyler	Wiu Tf	36.52m
8	Compton, Devin	Knox College	35.34m
9	Chenoweth, Weston	Knox College	35.03m
10	Lippert, Tyler	Wiu Tf	32.79m
11	Lebryk, Paul	Knox College	30.83m
12	Worrell, Tim	Knox College	30.57m
13	Ludwikowski, Justin	Ashford Univ	28.80m
14	Mullins, Nathan	Eureka Colle	24.80m

**Men Hammer Throw**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Hames, Paul	Western Illi	54.09m
2	Crisman, Jason	Western Illi	49.34m
3	Marshall, Nathaniel	Western Illi	47.96m
4	Rowell, Jacob	Western Illi	44.78m
5	Lippert, Tyler	Wiu Tf	43.06m
6	Touchie, Spencer	Ashford Univ	42.44m
7	Snyder, Joe	Ashford Univ	39.84m
8	Elston, Tyler	Wiu Tf	39.39m
9	Worrell, Tim	Knox College	33.97m
10	Johnson, Dan	Knox College	32.43m
11	Lebryk, Paul	Knox College	31.92m
12	Chenoweth, Weston	Knox College	31.48m
13	Compton, Devin	Knox College	31.10m
---	Sherrick, Brayden	Western Illi	FOUL

**Men Javelin Throw**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Bernhardt, Jesse	Western Illi	50.19m
2	Wilson, Chad	St Ambrose U	44.43m
3	Golden, Matt	St Ambrose U	37.21m
4	Steinbach, Nick	St Ambrose U	36.94m
5	Veal, Jeff	Western Illi	36.16m
6	Chenoweth, Weston	Knox College	35.92m
7	Breedlove, Tyler	St Ambrose U	34.90m
8	Mullins, Nathan	Eureka Colle	33.91m
9	Compton, Devin	Knox College	31.90m
10	Worrell, Tim	Knox College	30.97m
11	Churney, Reese	St Ambrose U	30.49m
12	Johnson, Dan	Knox College	25.42m