

AshfordUniversity Invitational
 New Ashford Sports Complex, Clinton, IA
 10/09/2010
 Men's 8k

Place	TmPl	Name	Yr	Team	Time	Pace
1	1	Kevin Randle	So	St. Ambrose	27:45.3	5:35
2	2	John Darmody	Jr	St. Ambrose	27:49.6	5:36
3	3	Kipp Schuler	Sr	William Penn	27:57.5	5:38
4	4	Jimma James	Fr	Marshalltown Communi	28:43.1	5:47
5	5	Gary Bannister	Fr	Mount Mercy	28:46.1	5:48
6	6	Nick Belmonte	So	Sauk Valley CC	28:47.8	5:48
7	7	Mike Miroux	Jr	Mount Mercy	28:56.3	5:50
8	8	Doug Powers	Jr	Ashford	29:03.2	5:51
9	9	Mitch Johnson	Fr	Mount Mercy	29:11.5	5:53
10	10	Thomas Hansen	Fr	Ashford	29:17.4	5:54
11	11	Ryan Buchanan	So	St. Ambrose	29:26.5	5:56
12	12	Brian Meyer	Fr	Ashford	29:29.0	5:56
13	13	Keaton Studebaker	Fr	William Penn	29:49.0	6:00
14	14	Nicholas Reynolds	Fr	William Penn	29:55.2	6:02
15	15	Josh Sherwood	Jr	St. Ambrose	30:17.7	6:06
16	16	Tyler Norby	So	St. Ambrose	30:20.4	6:07
17	17	TJ Mosbach	Fr	Mount Mercy	30:22.7	6:07
18	18	Jordan Letzring	Sr	William Penn	30:27.9	6:08
19	19	Matthew Clarke	Sr	Mount Mercy	30:38.7	6:10
20	20	Jayson Lawton	Sr	Mount Mercy	30:47.4	6:12
21	21	Anthony Lombardo	Fr	Sauk Valley CC	30:54.0	6:13
22	22	Nick Huisman	Fr	Marshalltown Communi	30:59.2	6:15
23	23	Jared Patterson	Fr	Marshalltown Communi	31:13.0	6:17
24	24	Zach Clark	So	St. Ambrose	31:28.4	6:20
25	25	Sean Leaf	Fr	Sauk Valley CC	31:31.4	6:21
26	26	Grant Wakefield	Fr	Mount Mercy	31:32.1	6:21
27	27	Kyle Wyckstandt	So	Sauk Valley CC	31:35.3	6:22
28	28	Charles Lange	Fr	Sauk Valley CC	31:36.8	6:22
29	29	Ryan Davidson	Fr	Marshalltown Communi	32:05.6	6:28
30	30	Grant Killinger	So	Sauk Valley CC	32:10.3	6:29
31	31	Nick Brown	Fr	Marshalltown Communi	32:20.3	6:31
32	32	Ryan McKenna	So	Sauk Valley CC	32:27.0	6:32
33	33	Ben Morrissey	So	St. Ambrose	32:35.8	6:34
34	34	Dan McNamara	Jr	Clarke	32:48.9	6:37
35	35	Matt Vavroch	So	Marshalltown Communi	33:02.4	6:39
36	36	Matthew McCune	Fr	Ashford	33:05.7	6:40
37		Jay Whitmore	So	St. Ambrose	33:08.8	6:41
38		Bryce Althoff	So	Mount Mercy	33:20.1	6:43
39	37	Quintin Marshall	Fr	William Penn	33:23.4	6:44
40	38	Andrew Quam	Sr	Clarke	33:25.6	6:44
41	39	Jonnie Schoening	So	Clarke	34:32.7	6:57
42	40	Josh Bellows	Fr	Clarke	34:47.2	7:00
43	41	Aleksander Jakobsen	So	Ashford	35:55.7	7:14
44	42	Nick Rhinehardt	Fr	Clarke	36:05.3	7:16
45	43	Carl Woodard	Fr	Ashford	36:37.6	7:23
46	44	Zach Molid	Fr	Clarke	37:45.0	7:36
47	45	Luther Thompson	Fr	Marshalltown Communi	38:04.5	7:40
48		CJ Earnest	So	Iowa Wesleyan	42:32.9	8:34

Results by Josh Gerber of Wayzata Results, Inc. Results will be posted online @ www.wayzataresults.com

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10/09/2010

***** TEAM SCORE *****
***** Men's 8k *****

1. 45 St. Ambrose (29:07.9 145:39.5)

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1	1	Kevin Randle	So	27:45.3
2	2	John Darmody	Jr	27:49.6
3	11	Ryan Buchanan	So	29:26.5
4	15	Josh Sherwood	Jr	30:17.7
5	16	Tyler Norby	So	30:20.4
6	(24)	Zach Clark	So	31:28.4
7	(33)	Ben Morrissey	So	32:35.8

2. 57 Mount Mercy (29:35.1 147:55.3)

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1	5	Gary Bannister	Fr	28:46.1
2	7	Mike Miroux	Jr	28:56.3
3	9	Mitch Johnson	Fr	29:11.5
4	17	Tj Mosbach	Fr	30:22.7
5	19	Matthew Clarke	Sr	30:38.7
6	(20)	Jayson Lawton	Sr	30:47.4
7	(26)	Grant Wakefield	Fr	31:32.1

3. 85 William Penn (30:18.6 151:33.0)

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1	3	Kipp Schuler	Sr	27:57.5
2	13	Keaton Studebaker	Fr	29:49.0
3	14	Nicholas Reynolds	Fr	29:55.2
4	18	Jordan Letzring	Sr	30:27.9
5	37	Quintin Marshall	Fr	33:23.4

4. 107 Sauk Valley CC (30:53.1 154:25.3)

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1	6	Nick Belmonte	So	28:47.8
2	21	Anthony Lombardo	Fr	30:54.0
3	25	Sean Leaf	Fr	31:31.4
4	27	Kyle Wyckstandt	So	31:35.3
5	28	Charles Lange	Fr	31:36.8
6	(30)	Grant Killinger	So	32:10.3
7	(32)	Ryan McKenna	So	32:27.0

5. 107 Ashford (31:22.2 156:51.0)

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1	8	Doug Powers	Jr	29:03.2
2	10	Thomas Hansen	Fr	29:17.4
3	12	Brian Meyer	Fr	29:29.0
4	36	Matthew McCune	Fr	33:05.7
5	41	Aleksander Jakobsen	So	35:55.7
6	(43)	Carl Woodard	Fr	36:37.6

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***** TEAM SCORE *****
***** Men's 8k *****

6. 109 Marshalltown Community College (31:04.3 155:21.2)

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1	4	Jimma James	Fr	28:43.1
2	22	Nick Huisman	Fr	30:59.2
3	23	Jared Patterson	Fr	31:13.0
4	29	Ryan Davidson	Fr	32:05.6
5	31	Nick Brown	Fr	32:20.3
6	(35)	Matt Vavroch	So	33:02.4
7	(45)	Luther Thompson	Fr	38:04.5

7. 193 Clarke (34:20.0 171:39.7)

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1	34	Dan McNamara	Jr	32:48.9
2	38	Andrew Quam	Sr	33:25.6
3	39	Jonnie Schoening	So	34:32.7
4	40	Josh Bellows	Fr	34:47.2
5	42	Nick Rhinehardt	Fr	36:05.3
6	(44)	Zach Molid	Fr	37:45.0

AshfordUniversity Invitational
 New Ashford Sports Complex, Clinton, IA
 10/09/2010
 Women's 5k

Place	TmPl	Name	Yr	Team	Time	Pace
1	1	Victoria Casaneda	So	Sauk Valley CC	20:25.1	6:35
2	2	Brooke Ashcraft	Sr	St. Ambrose	20:28.6	6:36
3	3	Abby Parsons	Jr	St. Ambrose	20:43.2	6:41
4	4	Anne Bruno	Fr	Mount Mercy	20:54.4	6:44
5	5	Erin Behan	Sr	Mount Mercy	21:01.9	6:47
6	6	Kara Danielsen	Jr	Mount Mercy	21:05.0	6:48
7	7	Wendi Dunn	Fr	Mount Mercy	21:05.8	6:48
8	8	Grace Gordon	Fr	Clarke	21:11.7	6:50
9	9	Britney Yotter	So	Mount Mercy	21:33.2	6:57
10	10	Stephanie Nibaur	So	Mount Mercy	21:40.4	6:59
11	11	Konnie Keifer	Jr	St. Ambrose	21:46.0	7:01
12	12	Courtney Klein	Fr	Clarke	21:57.9	7:05
13	13	Carley Freund	Sr	Clarke	21:59.6	7:05
14	14	Chelsee Lisk	So	St. Ambrose	22:10.6	7:09
15	15	Kori Yotter	Sr	Mount Mercy	22:13.1	7:10
16	16	Cassidy Foltz	Jr	St. Ambrose	22:16.2	7:11
17	17	Ashley Thibadeau	Jr	Clarke	22:25.0	7:13
18		Keely Danielsen	Jr	Mount Mercy	22:39.2	7:18
19	18	Nicole Rogge	Fr	William Penn	22:40.5	7:18
20		Mackenzie Holladay	Fr	Mount Mercy	22:41.1	7:19
21		Nkemdilim Okwumabua	So	Ashford	22:45.4	7:20
22	19	Katie Burnett	Jr	William Penn	22:46.8	7:20
23		Taylor Helms	So	Mount Mercy	22:53.1	7:22
24	20	Lexie Ronconi	So	St. Ambrose	22:59.7	7:25
25	21	Kristen Syring	Jr	St. Ambrose	23:03.0	7:26
26		Katie Simones	So	St. Ambrose	23:03.3	7:26
27		Paula Hermsen	Jr	Mount Mercy	23:04.5	7:26
28	22	Kathryn Gehrke	Fr	Sauk Valley CC	23:06.2	7:27
29	23	Jessica Davis	So	Sauk Valley CC	23:11.8	7:28
30		Dana Maier	Jr	St. Ambrose	23:23.2	7:32
31	24	Kyra English	Fr	William Penn	23:53.2	7:42
32		Jessica Windett	Fr	Ashford	23:59.8	7:44
33		Shelby Daisy	So	Mount Mercy	24:16.0	7:49
34	25	Carissa Apperson	Fr	Sauk Valley CC	24:25.8	7:52
35	26	Amber Engelhardt	Jr	Clarke	24:31.1	7:54
36	27	Morgan Avery	Jr	William Penn	24:36.7	7:56
37	28	Carrie Pieper	Fr	Clarke	24:40.5	7:57
38	29	Paige Thill	Fr	William Penn	24:41.0	7:57
39	30	Jessica Bixler	Sr	William Penn	24:59.1	8:03
40		Breanna Derynck	Fr	Iowa Wesleyan	25:02.5	8:04
41	31	Breanne Hunter	So	Sauk Valley CC	25:10.8	8:07
42		Kim Fabry	Sr	Ashford	25:12.4	8:07
43		Camille Mason	So	St. Ambrose	25:13.9	8:08
44		Leah Schultz	So	Mount Mercy	25:53.3	8:20
45		LaStacy Freeman	Fr	Iowa Wesleyan	27:09.6	8:45
46		Sam Haunsperger	Fr	Marshalltown Communi	27:49.0	8:58
47		Peyton Pachucki	Fr	Ashford	27:58.0	9:01
48	32	Jessica Sergeant	So	Sauk Valley CC	28:33.0	9:12
49		Kellie Wolfe	Sr	Iowa Wesleyan	28:35.2	9:13
50	33	Shelby Chisholm	Fr	William Penn	29:44.1	9:35
51		Rebecca Wilson	So	Iowa Wesleyan	30:38.0	9:52
52		Chelsea O'Connor	Fr	Marshalltown Communi	32:59.3	10:38

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***** TEAM SCORE *****
***** Women's 5k *****

1. 31 Mount Mercy (21:08.1 105:40.3)

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1	4	Anne Bruno	Fr	20:54.4
2	5	Erin Behan	Sr	21:01.9
3	6	Kara Danielsen	Jr	21:05.0
4	7	Wendi Dunn	Fr	21:05.8
5	9	Britney Yotter	So	21:33.2
6	(10)	Stephanie Nibaur	So	21:40.4
7	(15)	Kori Yotter	Sr	22:13.1

2. 46 St. Ambrose (21:29.0 107:24.6)

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1	2	Brooke Ashcraft	Sr	20:28.6
2	3	Abby Parsons	Jr	20:43.2
3	11	Konnie Keifer	Jr	21:46.0
4	14	Chelsee Lisk	So	22:10.6
5	16	Cassidy Foltz	Jr	22:16.2
6	(20)	Lexie Ronconi	So	22:59.7
7	(21)	Kristen Syring	Jr	23:03.0

3. 76 Clarke (22:25.1 112:05.3)

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1	8	Grace Gordon	Fr	21:11.7
2	12	Courtney Klein	Fr	21:57.9
3	13	Carley Freund	Sr	21:59.6
4	17	Ashley Thibadeau	Jr	22:25.0
5	26	Amber Engelhardt	Jr	24:31.1
6	(28)	Carrie Pieper	Fr	24:40.5

4. 102 Sauk Valley CC (23:16.0 116:19.7)

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1	1	Victoria Casaneda	So	20:25.1
2	22	Kathryn Gehrke	Fr	23:06.2
3	23	Jessica Davis	So	23:11.8
4	25	Carissa Apperson	Fr	24:25.8
5	31	Breanne Hunter	So	25:10.8
6	(32)	Jessica Sergeant	So	28:33.0

5. 117 William Penn (23:43.7 118:38.2)

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1	18	Nicole Rogge	Fr	22:40.5
2	19	Katie Burnett	Jr	22:46.8
3	24	Kyra English	Fr	23:53.2
4	27	Morgan Avery	Jr	24:36.7
5	29	Paige Thill	Fr	24:41.0
6	(30)	Jessica Bixler	Sr	24:59.1
7	(33)	Shelby Chisholm	Fr	29:44.1